WANT A KICKER? TRY SOME LIQUOR
MAKING A MASTERFUL MARINADE {page 26}

FOLLOWING THEIR DAUGHTERS' LEADS
MOMS PINING FOR TWILIGHT STARS {page 19}

CAPTAIN'S ORDERS
LUONGO TO LOSE THE C?
{page 33}

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Weekend, August 27-29, 2010
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Fraser Valley. Busted

▶ One of two men found working in a seven-acre poppy field is arrested by a Chilliwack RCMP officer.

B.C. RCMP

Cops bust giant poppy grow-op

B.C. is known for huge marijuana grow-ops, but RCMP in the Fraser Valley have unearthed another type of illegal cash crop. Mounties say they suspect the poppy was likely being grown to make the drug doda, which is becoming increasingly popular with local taxi and truck drivers. Story, page 4.

Dumped, nearly crushed

▶ West End dumpster, with man inside, emptied into garbage truck ▶ Man treated at hospital for broken bones and bruising ▶ Police treating it as an accident

KRISTEN THOMPSON
@METRONEWS.CA

A 37-year-old man was taken to Vancouver hospital with serious injuries after nearly being crushed in the back of a compacting garbage truck.

Const. Jana McGuinness said the man was inside a dumpster early Thursday morning when the bin was emptied into a garbage truck.

"A woman living (on) Cardero Street heard a man's voice crying for help from the back of a passing garbage truck," McGuinness said.

"She ran into the lane and stopped the driver who quickly called 9-1-1 and began unloading the compacted garbage to free the man."

Back To School

It's that time of year again

▶ The hottest apps for school
▶ Battling the first-year jitters, and more {pages 28-32}

Terror charges

Three Canadians arrested in alleged bomb plot {page 6}

Cho-sen one

Metro talks to comedienne Margaret Cho {page 10}

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Cappuccino cars to boost commuters

West Coast Express will expand capacity by 20 per cent, or 2,000 riders a day, TransLink announced Thursday as it rolled out the first of seven new passenger cars.

The seven cars, purchased at a cost of $28 million, will be delivered by the end of October and should be up and running by year's end. It brings the WCE fleet to 44 cars.

"We've had some trains that are so full they are bursting at the seams," said Doug Kelsey, CEO of the B.C. Rapid Transit Company.

Capacity will ramp up gradually, Kelsey said, as the original cars, now 15 years old, need to be refurbished and upgraded.

The new bi-level passenger cars include a number of "cappuccino cars" where a bathroom is removed and replaced with a small on-train coffee kiosk.

Other improvements include automatic doors between cars and more seating.

"The feedback around customer experience is that they didn't want a lot of changes," Kelsey said. "They really liked what they've got."

● JEFF HODSON

JEFF HODSON/METRO VANCOUVER

▶ SkyTrain CEO Doug Kelsey aboard one of seven new West Coast Express cars Thursday.

Loose seals trash Vancouver beach

Beach sculptures made of garbage bags aim to encourage residents to keep shorelines clean

KRISTEN THOMPSON
@METRONEWS.CA

People strolling along English Bay yesterday stopped in their tracks to inspect three life-sized seals made out of garbage bags as part of a campaign to raise awareness about shoreline litter.

The sculptures — along with fish sculptures placed on a Toronto beach — were created by organizers of the Great Canadian Shoreline Cleanup, which runs from Sept. 18 to 26.

"Left in the environment, litter has long-term impacts on our wildlife, including entanglement and ingestion," said Vancouver Aquarium program manager Jill Dwyer. "Today's events are designed to engage people's emotions about the impact litter has within our waterways."

Register for the cleanup at shorelinecleanup.ca.

Cleanup

The Great Canadian Shoreline cleanup is a conservation program started by the Vancouver Aquarium.

- The first cleanup took place in Stanley Park in 1994.
- In 2009, nearly 57,000 participants removed litter from 2,500 kilometres of shoreline.
- The most common items found are cigarette butts and food containers.
- Some of the most unusual items included Celine Dion albums, a message in a bottle saying, "Don't litter," a toilet seat nailed to a chair and a White Spot uniform.

1M Since the program's inception, nearly one million kilograms of shoreline litter has been removed.

KRISTEN THOMPSON/METRO VANCOUVER

▶ Children play around three seals made out of garbage bags at English Bay on Thursday. The temporary sculptures, which were removed Thursday night, kick off the 2010 Great Canadian Shoreline Cleanup.

Black pug stolen by a thug

A thug snatched a black pug when his owner ducked into a small grocery market near Main Street SkyTrain Station, police said at a news conference Thursday.

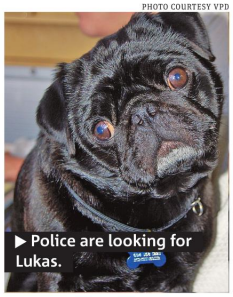
The pug, Lukas, was left with his leash looped around a sandwich board outside the Main Food Stop at 6:30 p.m. Wednesday. When the owner emerged a moment later, the dog was gone.

A person at a bus stop told the owner that a man with long blond hair had scooped up the small dog and ran off down an alleyway.

Const. Jana McGuinness said dog-nappings are relatively rare and that Lukas was wearing a blue dog tag and has a microchip implanted in his back.

● JEFF HODSON

PHOTO COURTESY VPD



▶ Police are looking for Lukas.

News in brief

Drive-by shooting in New West

CRIME. A house and car were struck by bullets Thursday morning during a drive-by shooting in New Westminster. No one was injured.

● JEFF HODSON

Joan Jett to rock PNE

PEFORMANCE. American rocker Joan Jett — of I Love Rock 'n' Roll fame — will be performing at the PNE on Friday night with her backup band, the Blackhearts. Marianas Trench will take the stage on Saturday and Spirit of the West on Sunday.

● METRO VANCOUVER

1 news

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Prime Minister Stephen Harper takes time out from his Arctic tour to do a little dancing. Video at metronews.ca/canada

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SCANLIFE

More expecting parents throwing 'sex parties,' but it's not what you think.

Bears get a bit too close

RCMP and conservation officers in Kamloops used rubber bullets to scare off a mother black bear and her three cubs back into the woods on Thursday.

"(The bears had) made their way into a populated area and there was no wilderness for them to go back into," said Const. Cheryl Bush.

They wandered along the Thompson River shoreline, at one point getting close to an area with about 70 people.

"Eventually — perhaps persuaded by the rubber bullets — the mother bear and her cubs swam across the North Thompson to an unpopulated area," Bush said.

She added the animals were not aggressive but that officers had to act quickly to avoid the possibility of the mother bear and her cubs becoming separated.

VANESSA YEE

RCMP

▶ A mother bear and her cubs are seen near Kamloops.

Poppies culled in Valley drug bust

Largest opium poppy field ever found in Canada ◗ First-of-its kind discovery in the Fraser Valley

Mounties have wiped out a field of opium poppies in the Fraser Valley in a first-of-its kind drug bust.

Cpl. Lea-Anne Dunlop said police believe the flower pods were meant to make the drug doda that gives its users an opium-like high. "The biggest demand for doda is within the South Asian community. Sometimes (it's) used within the trucking community or cab drivers."

Surrey-Newton MLA Harry Bains said some of the elders in his riding came to him to complain that the drug was being sold openly in local stores for "$10 to $20." Bains said there is added concern if doda is being cultivated in B.C. and the lengths people will go to distribute the illegal drug. Dunlop agreed that there is some unease around the bust. "We hope this isn't a sign of things to come," she said.

THE CANADIAN PRESS

Two arrested

The illegal crop was the largest opium poppy field ever found in Canada

- The plants had to be destroyed quickly before they matured and burst, spreading the seeds.
- A 31-year-old Abbotsford man and a 24-year-old Mission resident were arrested in connection with the grow operation and are due to appear in a court in mid-December.
- Police say the owner of the field had leased the land to others and was not involved in the scheme.

60K

Chiliwack RCMP say the 60,000 mature poppy plants were almost ready to harvest.

RCMP

▶ Police hired a local farmer to plow the poppy crop under.

Composting pilot program aims to curb trash this fall

The second phase of the city's curbside composting program — to vastly expand the food waste that people could dump into their yard trimmings bin — could begin as soon as October, according to city documents. If approved by council, the first stage would be a 4,000-home trial in October in eight different areas of Vancouver.

It would rollout across the city in 2011.

JEFF HODSON

News in brief

Wanted man arrested

SOUTH VANCOUVER. Police arrested a 33-year-old man wanted on a Canada-wide warrant after he allegedly tried to rob a liquor store. Staff managed to hold Jeremy Brent Janzen until officers arrived. KRISTEN THOMPSON

Fishy difference from last year

SALMON. As B.C. fishermen hustle to reel in a mammoth Fraser River salmon run, scientists are puzzling over why they didn't see the fish coming. It's a 180-degree turnaround from last year, when sockeye stocks were so depleted the federal government called an inquiry. THE CANADIAN PRESS

News in pictures

PHOTOS
3. KRISTEN THOMPSON/METRO VANCOUVER
5. DOGTIPPER.COM

1 A squirrel is to blame for one of the four power outages in Vancouver last week, according to B.C. Hydro. A construction crew and two cases of equipment failure are to blame for the other three.
VANESSA YEE

2 Vancouver tourism numbers are up five per cent since the Vancouver Olympics, according to Tourism Vancouver.
METRO VANCOUVER

3 Officials unveiled a carving of a raven at Stanley Park's Klahowya Village Thursday. It was made from the stump of a Douglas Fir felled during the 2006 windstorms. The raven symbolizes transformation.
KRISTEN THOMPSON

4 The campfire ban may be lifted in some parts of B.C. this weekend as the weather becomes cooler. The ban is still in effect for the Kamloops and Cariboo regions.
VANESSA YEE

5 Cesar Millan, the celebrity dog trainer known as the Dog Whisperer, performs Oct. 27 at the River Rock Casino. Tickets start at $100 at cesarmillanlive.ca.
VANESSA YEE

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Terror arrests come after year-long probe

Police believed attacks were months away **Made arrests to prevent suspects from aiding Afghan terrorists**

An alleged domestic terror plot that reached from a quiet, west-end Ottawa neighbourhood to Iran, Dubai, Pakistan and the killing fields of Afghanistan has been busted following a year of surveillance, police said Thursday.

Three men, all Canadian citizens, are in custody after an investigation by 100 Mounties with the assistance of the Canadian Security Intelligence Service, the Canadian Border Services Agency, the Surete du Quebec, and police in Ottawa and London, Ont.

Hiva Mohammad Alizadeh, 30, and Misbahuddin Ahmed, 26, both of Ottawa, and Khurram Syed Sher, 28, of London, Ont., have been charged in the plot.

DAVE CHIDLEY/THE CANADIAN PRESS

▶ Investigators remove evidence boxes from a home in London, Ont.

Their arrests came after police seized more than 50 electronic circuit boards they allege were designed to be remote detonators for bombs, as well as terrorist literature and bomb-related documents.

Ahmed is an X-ray technician at an Ottawa hospital. The Ontario College of Physicians and Surgeons website says a Khurram Syed Sher is a McGill University graduate who is an anatomical pathologist at St. Thomas Elgin General Hospital in St. Thomas, Ont., just south of London.

Alizadeh studied English as an additional language and electrical engineering technology at Red River College in Winnipeg.

THE CANADIAN PRESS

Nepalese. Idol

▶ A Nepalese living goddess, locally known as Kumari, is transported on a chariot pulled by devotees during the Gaijatra festival in Katmandu.

BINOD JOSHI/THE ASSOCIATED PRESS

Goddesses live under microscope

Nepal's living goddesses are selected between the ages of two and four. A panel of judges examines them in a series of ancient ceremonies, checking horoscopes, searching for physical imperfections such as scars and wounds. Critics say the tradition violates both international and Nepalese laws on child rights.

1M Enbridge says 820,000 gallons of oil escaped, but a U.S. government agency says it could be more than one million.

Oil-spill aftermath

A dent in a pipeline beneath Michigan's St. Clair River shouldn't affect when the flow of oil can resume after a spill, say Enbridge officials. THE ASSOCIATED PRESS

Affairs not worth trouble: Pollster

Apparently, sex with the boss can still help a woman get ahead. But companies and the individuals involved pay a high price, according to new research.

Some 15 per cent of executive women surveyed by the New York-based Center for Work-Life Policy admit to having an affair with a superior.

And 37 per cent of the women believe such liaisons pay off in the form of promotions and other perks, the study also found.

The question was asked as part of a wider study that looks at the role a boss can play in promoting a woman's career by recommending her for key assignments.

The non-profit think-tank conducts research and works with employers to develop policies that promote work-life balance.

The full study isn't due out until later this fall, but centre president Sylvia Ann Hewlett leaked select-

▶ Sylvia Ann Hewlett

ed findings in her blog this week.

She was commenting on the impact of the scandal at Hewlett Packard Co. on ambitious women.

Mark Hurd resigned earlier this month as chief executive officer after an internal investigation found he had a personal relationship with Jodie Fisher, a contractor who had received numerous inappropriate payments from the company.

Such scandals hurt all high-achieving female executives if it leads to fewer male leaders taking them under their wing, says Hewlett, an economist, author and director of the gender and policy program at Columbia University.

The chances of a woman getting to the corner suite are slim without a high-ranking sponsor who can guide and promote them, Hewlett notes.

She calls on companies to write more stringent policies, legal settlements in sexual harassment cases to be more reasonable, and individuals to behave more responsibly.

"Hitting on a female colleague is never OK. And up-and-coming executive women need to exercise similar restraint," Hewlett wrote.

"Illicit sexual relations often backfire and wreak serous damage in the workplace," she added.

The study found 61 per cent of men and 70 per cent of women lost their respect for the male leader involved in a workplace dalliance.

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NO TAXES IN FARMVILLE

Other people's money

DAVID DESCÔTEAUX

Tired of paying taxes? Grab an axe and go spill some blood ... virtually.

In an article published two years ago, I told the story of a young Montreal-er who earned $3,000 a month selling virtual dresses and T-shirts to players of Second Life. In this online game, millions of people walk avatars (virtual selves) into nightclubs and other imaginary places. They pay real dollars to buy their avatars a sexy haircut, a little cat, a house ... even a penis.

Meanwhile, "gold farmers" in China spend their days slashing monsters with their swords and stealing their gold pieces in World of Warcraft. These gold pieces are then sold over the Internet to other players who need them to progress in the game. Estimated profit: $2,000 US per day.

Two years later, what has changed? "Second Life has slowed down a bit, but Facebook games like FarmVille are exploding," says Michèle Blanc, senior partner at Analyweb. Last year, 70-million people (your friends?) spent $500 million US to feed non-existent pigs and decorate their virtual farms.

A parallel economy is growing at a breakneck pace. From $800 million US two years ago, the annual value of goods traded in virtual worlds on the Internet has now reached $1.5 billion. At the current exchange rate of 200 per U.S. dollar, the World of Warcraft gold coin is faring better than most South American currencies.

A parallel economy is growing at breakneck pace. From $800 million US two years ago, the annual value of goods traded in virtual worlds on the Internet has now reached $1.5 billion.

In this day and age, a three-headed virtual rabbit can be more productive than most human beings. Edward Castronova, an economist at Indiana University and an expert on virtual worlds, has calculated the value of all goods — magic swords, armour, etc. — created and traded by players in the realm of Norrath, a region of the game EverQuest. GDP per capita: $2,280 US. Average hourly wage: $3.42. These figures put the economy of Norrath above those of China and India.

The United States and Canada do not tax flying castles or dresses made of pixels. "The U.S. government has been trying for the past five years to seek ways to tax these transactions. But the IRS has no rule of procedure for virtual goods," says Castronova. "It's too weird for them, and doesn't fit into any categories."

Thousands of new web entrepreneurs rejoice. For once, bureaucrats put spokes in their own wheels.

David Descôteaux is a freelance economic journalist and an associate researcher at the Montreal Economic

KOJI SASAHARA/THE ASSOCIATED PRESS

▶In Japan, Blu-ray players show 3-D images with the use of glasses.

3-D TECHNOLOGY

Race is on to shed the specs

Sony Corp. is working on 3-D televisions that don't need special glasses, joining a race with rival Toshiba Corp., but there are financial and technological hurdles to overcome before they can go on sale.

Toshiba said earlier this week it is working on glasses-free 3-D TVs, although no decision had been made on when they will go on sale.

"Seeing 3-D without glasses is more convenient," Sony senior vice-president Yoshihisa Ishida said Thursday. "We must take account of pricing before we can think about when to start offering them."

Sony showed its latest 3-D products for the Japanese market, including flat-panel TVs and Blu-ray recorders.

Sony said it plans to be No. 1 in market share in Japan in 3-D TVs and 3-D players and recorders, taking advantage of its position as an electronics maker with a movie studio.

Sony said it will start selling two films and two music videos in 3-D next month, and planned home software of 3-D theatre releases, including a 3-D Spider-Man opening in 2012.

THE ASSOCIATED PRESS

Shell to share technology

Shell wants to share new tailings cleanup technology it recently rolled out with others in the industry.

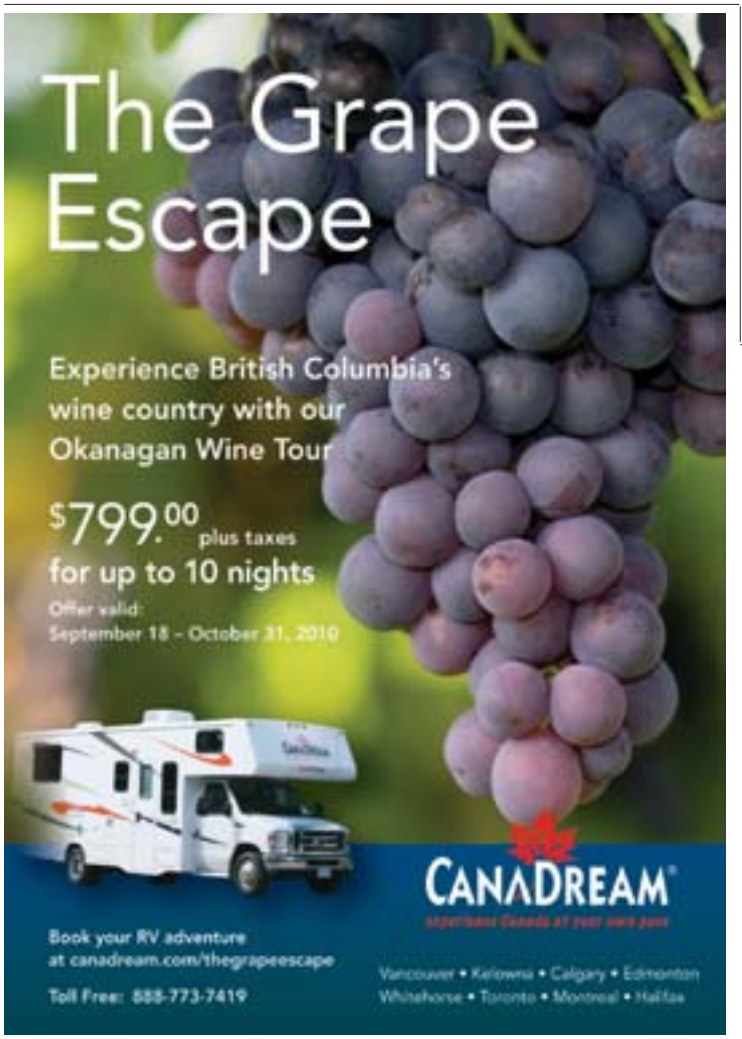
Shell said its technology cuts the time it takes to remove harmful byproducts of the oilsands extraction process. THE CANADIAN PRESS

Employee earnings up by 4%

Canadians have been bringing home more money each week than they did during the economic downturn, when jobs and workers' hours were slashed, but economists warn a return to recession in the U.S. could derail rising incomes.

Statistics Canada reported Thursday that the average weekly earnings of non-farm payroll employees rose by four per cent in June from a year earlier to $853.50.

During the recession, employers cut spending on wages and salaries by $9.5 billion, resulting in the loss of some 400,000 jobs. THE CANADIAN PRESS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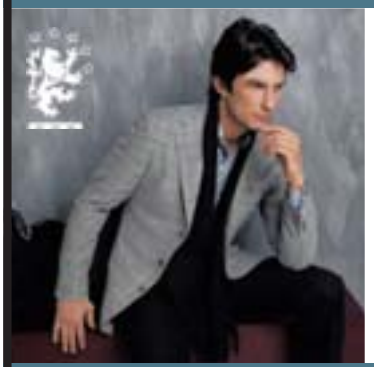

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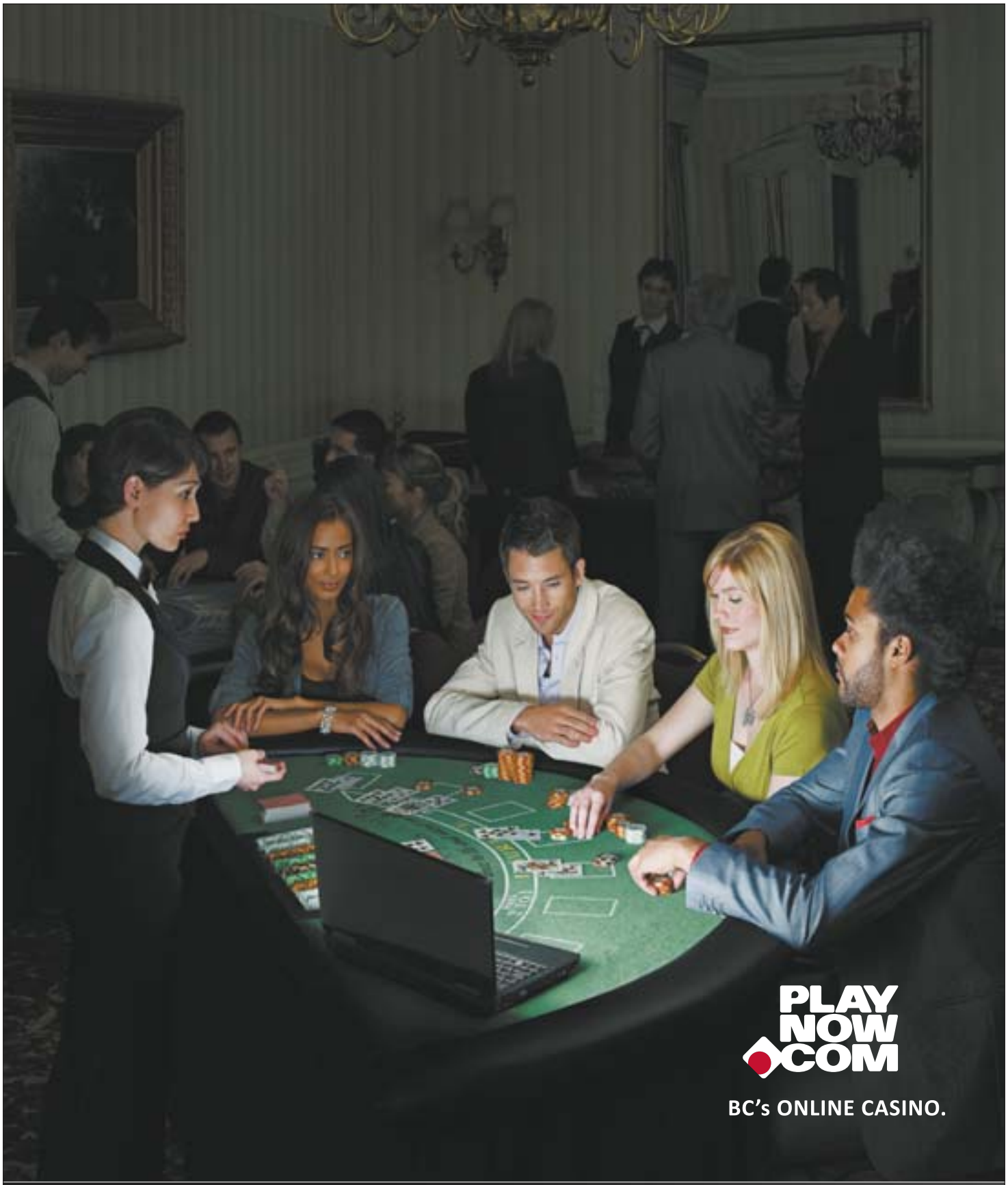

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GETTY IMAGES

▶ Margaret Cho

5 MINUTES WITH: MARGARET CHO

Comedienne, actor and singer Margaret Cho is in Vancouver for a performance Saturday at the Queen Elizabeth Theatre. Her new album, Cho Dependant, was released Tuesday.

Tell me about the album. What did you go through making it?
I wanted to write a comedy record that was also really good music. I thought the right thing to do was to get somebody who could really make music help me. I asked the people that I knew that were fantastic musicians. We both had an idea of how we wanted to do it. They knew better than I did about the music part, and I knew better about the comedy part. So it worked perfectly.

Who did you collaborate with?
Tegan and Sara and A.C. Newman, from Vancouver. Those are my Vancouver peeps. I also worked with Patty Griffin and Fiona Apple, Andrew Bird, Grant-Lee Phillips, Garrison Starr — all sorts of different people — Ani DiFranco, Rachael Yamagata. It was a hugely rewarding and exciting project. Everybody had a different approach to writing and it was about learning their rhythm and how they were doing it.

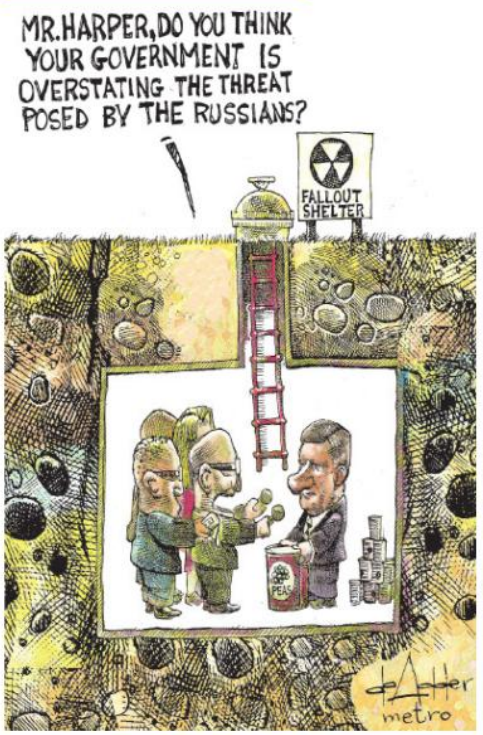
Is there a theme?
The reason it is called Cho Dependent is because it is about addiction. The song that I did with Tegan and Sara is all about interventions. The second song, Calling In Stoned, is about calling in sick, but you're actually calling in stoned. It's drugs, but it's about addictions to people and addictions to ideas and how we are dependant on things.

Tell me about your tattoos?
I have many. I am very tattooed. I'm tattooed all over my stomach and my back and arms and my legs. I don't have any space left actually because the acting jobs I get are very conservative and I have to cover them up. I've been tattooing for the past six years and I really love it. It is addictive, but I know I have to stop. There's a built-in end because I don't have any more skin.

A lot of your work has a message behind it, why is that important?
I'm a person who needs a message because I'm so much of a minority in so many ways. I'm Asian American. I'm a woman. I'm queer. All those different identities are very important to who I am. I definitely believe that it is something good to talk about. ● JEFF HODSON

Cartoon

MICHAEL DE ADDER



We are all Canadians

Letters & Tweets

Re: 'White buyer' need only apply (Aug. 25)

CALGARY. Can anyone really define "white" when it's combined with our race? I am really offended by the continuous reference to "white" when my skin isn't really white. What does the term "white" really tell us about a person. My brother was born in Germany, my mother was born in Quebec, and I'm from St. Stephen, N.B.

I am outraged and ask that this definition of "white" be stricken from the dictionary as all my ancestors, friends, family and colleagues are all Canadian. ALLAN P. JOBSON

No colour barrier

CONTRIBUTED

We asked: Coffee or tea?

TORONTO. Definitely tea! Most varieties have one-third of the caffeine, and some even help me lose weight.

I started drinking more tea to help with digestive issues and continue to have three to five cups every day. MARY-ELLEN TESSIER

EDMONTON. @andraealynne: Tea! Because there's more variety, less processing and often less caffeine.

HALIFAX. Definitely coffee. Sure, tea comes in many different flavours, but when you walk into a room with coffee, the room begins to smell better. ELIZA MILLER

What's your biggest pet peeve?

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Metro Minute at Terra Nova Park

Forget Twilight and spend the evening with some real live bloodsuckers at Terra Nova Rural Park at the northwest corner of Richmond Saturday.

Bring a flashlight and search for all the creatures of the night including bats and owls.

Make sure to register early by calling 604-718-6188. This is a popular event so space is limited.

Admission is only $4 per person and participants must be eight and older. The adventure is from 7:45 p.m. to 8:45 p.m. Come early and stay late to enjoy the summer night.

For more information on the event, visit richmondnatureparksociety.ca. ● VANESSA YEE

Three days to play

WHAT DO YOU THINK OF CANADIAN DOCTORS VOTING TO SUPPORT A BAN OF MIXED MARTIAL ARTS?

David Bates
VANCOUVER
I think the ban is good. I think it's good for people because MMA is so dangerous. In the long run, (the fighters) won't be able to take the injuries.

Nadine Schiavone
VANCOUVER
I don't think they'll ban it. It won't happen. (MMA is) huge. I don't want it to happen, otherwise I won't get to see Anderson Silva.

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2 scene

Reunited

Kevin Spacey and Sam Mendes are reuniting for a trans-Atlantic production of Richard III, producers announced Thursday. Spacey will play the villainous English king in a production of Shakespeare's play directed by Mendes, which is set for an international tour in 2012. The two men last worked together on the 1999 film American Beauty,' which won five Academy Awards, including best actor for Spacey and best director for Mendes.

THE ASSOCIATED PRESS

Muppet homecoming: original Kermit the Frog back in DC for good at Smithsonian.

With 200 roles under his belt character actor Danny Trejo get his first staring gig
Director Robert Rodriguez envisioned this role for Trejo when he was working on the movie Desperado and turned it into a fake trailer for Grindhouse release

KEVIN WINTER/GETTY IMAGES)

▶ Actors Don Johnson, Danny Trejo, Jessica Alba, Cheech Marin, Daryl Sabara, Michelle Rodriguez and director Robert Rodriguez at a screening of Machete.

After 14 years Machete makes the cut

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Danny Trejo feels like he's been preparing to play the title character in Machete for 14 years — about as long as he's been working with writer/director Robert Rodriguez.

"Robert's been training me for this movie since we did Desperado, says Trejo, who's appeared in eight of Rodriguez's films. "He said, 'Hey, you're perfect for this character. I want to do this movie called Machete. And that was 14 years ago. And so, you know, 14 years and 780,000 phone calls later — 'When are we doing Machete?' — it was just like stepping into the guy."

"As far as being the lead, the only difference is I got to kiss Jessica Alba."
DANNY TREJO

And from his first role with Rodriguez — as the knife-throwing assassin Navajas in Desperado — Trejo has noticed a common theme in their collaboration: "Basically in each movie, if you'll notice, I have some sharp object," he says with a laugh.

A veteran character actor who's appeared on screen close to 200 times, Trejo gets to finally play the lead in Machete, something he was excited about.

"As far as being the lead, the only difference is I got to kiss Jessica Alba," he jokes. "It's a little different because usually you show up, you do your stuff and you leave. But now you're on the set every day. You're on the set every day and you have to realize that this is your movie. It's not that your attitude is different or your performance is different. It's that you just help any way you can."

While the idea for Machete came about years ago, the character first appeared on screen as something of a gag. Rodriguez filmed a trailer for the non-existent film as part of his Grindhouse project with Quentin Tarantino, sandwiched between Rodriguez's Planet Terror and Tarantino's Death Proof. For Trejo, filming the movie years after making the trailer was more than a little disorienting.

"Usually you do a trailer after doing the movie, so I thought I was having, like, Alzheimer's," Trejo says. "'Did we shoot this movies already?'"

And with Machete already being in the public consciousness — the trailer was one of the most popular parts of Grindhouse — the actor and filmmaker found they had a new set of expectations to worry about.

"I sent Robert a text from England, where some guys had tattooed that picture of Machete on their backs," Trejo remembers. "I thought, 'Wow, I hope they like the movie.'"

Arizona law adds a real life element

Writer and director Robert Rodriguez admits he couldn't have asked for better timing for Machete, as it comes just months after Arizona passed its controversial immigration law.

"When you make an exploitation film you always want to have a real issue," he says. "That's how they were always done. Exploitation films were famous for taking an issue and exploiting it because they could move much faster than a studio. Any hot topic, they could run out and make a movie and make a buck on it."

While immigration has always been a hot-button topic in Arizona the current events have raised the temperature on the situation.

"Just recently this just became more relevant and just gave this movie another layer of entertainment," he says. "It's done in a huge sense of fun. It's supposed to make you feel, 'Wow, some of this is really not far off the mark.' Even though I tried to make it as much made up as possible, you couldn't escape that reality is stranger than fiction."

NED EHBAR

DILLON'S LACK OF STAR POWER SURPRISING

In Focus

RICHARD CROUSE
SCENE@METRONEWS.CA

He is an Oscar nominee, a multiple Independent Spirit Award winner and the star of over forty movies. He can leap frog comfortably from comedy to drama. In this weekend's Takers he plays a cop hot on the trail of some bank robbers. Next he'll be seen yukking it up in Rio Sex Comedy. He can do it all, and on top of that he has at least one IMDB message board titled "Hottest Man Alive," so why is Matt Dillon the forgotten movie star? With credits like his he should be on the a-list, hobnobbing with the Toms — Hanks and Cruise — and Will Smith and yet his brother Kevin, who plays a wannabe celebrity on Entourage, probably has a higher Q score. Here's a look back at why Matt Dillon should be on Hollywood's hot list.

Troubled Youth

Dillon first got noticed playing troubled teens in Over the Edge, My Bodyguard, Little Darlings and Liar's Moon but it was the screen adaptations of three S.E. Hinton novels that made him a star. Tex, The Outsiders (where he shared the screen with Tom Cruise, Rob Lowe and Patrick Swayze) and Rumble Fish made him a teen idol, but also earned him some serious fans as well. Roger Ebert wrote that Dillon has "the kind of clarity, the uncluttered relationship with the camera that you see in only a handful of actors."

Dillon's Films

A selected filmography of Matt Dillon..

- The Outsiders (1983)
- Drugstore Cowboy (1989)
- Singles (1992)
- There's Something About Mary (1998)
- Crash (2004)

He's Really Blossomed

He was typecast as a brooding teen early on but breakout roles in several comedies proved he could more than just a gloomy Gus. In There's Something About Mary he used one of the most all time politically incorrect (but hilarious) pick-up lines to woo Cameron Diaz. Even better is Randy, his character in One Night at McCool's. When nice guy Randy's one-night stand lets it slip that her boyfriend is a killer who might come after them, he doesn't run but in a beautiful bit of understatement says, "It's just the sex and the violence all in one night is a little much."

Wild Things

On the dramatic side he is an Oscar nominee for his work as the racist cop in Crash, an award winner for his realistic portrayal of a drug addict in Drugstore Cowboy and he steamed up the screen in the campy Wild Things. The guy can do it. Why isn't he a bigger star?

▶ Matt Dillon has done a wide variety of films in his long career in hollywood.

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Interesting experiment

The Last Exorcism
Genre: Horror/Thriller
Director: Daniel Stamm
Stars: Patrick Fabian, Ashley Bell, Iris Bahr
●●●

Producer Eli Roth (Hostel 1 &2, Cabin Fever) has claimed that his latest cinematic venture The Last Exorcism was meant to be anything but a rip-off of William Friedkin's immortal 1973 shocker The Exorcist. But If he thinks his film doesn't have its roots firmly ensconced in that classic, he's out to lunch; for just as in The Exorcist. we have a central "holy man" figure having a crisis of faith who is called into action when a little girl is seemingly possessed by some class of demon. And yes, substances and swear words do indeed spill out of mouths in both pictures.

What makes The Last Exorcism different is the framing conceit, a pseudo-documentary, first person camera approach that is meant to immerse the audience into the action and further blur the lines between fact and fiction. It's an interesting experiment, applying a post — Blair Witch sheen to a familiar and oft abused genre trope and it almost works.

The problem at the core of The Last Exorcism lies in that first person point-of-view; the film has such strong performances, austere cinematography, rich music and the story is so fanciful that the intentional sloppiness of the camerawork ultimately distracts rather than engages.

CHRIS ALEXANDER

Flipped
Genre: Comedy
Director: Rob Reiner
Stars: Madeline Carroll, Rebecca De Mornay, Callan McAuliffe, Aidan Quinn
●●½

Flipped — Rob Reiner's latest has been billed as a return to form for the director and a companion piece to his Stand By Me. Like that film, Flipped is a coming-of-age ode to youth cloaked in mid-century Americana (the early 1960s). It's nostalgic for nostalgia. There's charm here and some honest observations of adolescence.

THE ASSOCIATED PRESS

Life During Wartime
Genre: Drama
Director: Todd Solondz
Stars: Shirley Henderson, Allison Janney, Paul Reubens
●●●●

Like everything by writer/director Todd Solondz, Life During Wartime walks a line between comedy and tragedy. The characters (mostly taken from his 1998 acidic comedy masterpiece Happiness) are all suffering from damaged pasts that prevent them from truly enjoying life. It's a condition many share and while Solondz mines their personal anguish for uneasy laughs, he never looks down on the characters. We share their pain and every laugh will stick in your throat.

PHIL BROWN

Teenage Paparazzo
Genre: Documentary
Director: Adrian Grenier
Stars: Adrian Grenier, Paris Hilton
●●●●

In Teenage Paparazzo, actor Adrian Grenier explores the invasive circus of celebrity photo-hounds that invade his real and fictional life on HBO's Entourage. Having "a hard time seeing them as regular people", Grenier slowly discovers another side of the subculture once he starts trailing a 13-year old Hollywood paparazzo. An insightful look behind the curtain, the film offers a unique twist when the kid pap finds fame himself due to Grenier's doc.

STEVE GOW

Takers
Genre: Action
Director: John Luessenhop
Stars: Chris Brown, Matt Dillon, T.I., Paul Walker
●½

If you've seen any heist movie before, then you've already seen Takers. The script that somehow required four writers follows every possible genre cliché and then adds some tired cop drama with Matt Dillon for good measure. Admittedly, director John Luessenhop has some impressive action saved for the climax, but it's just not enough to make up for the irritating performances and terrible screenplay (favourite/worst line: "We're takers, man. That's what we do. We take.").

PHIL BROWN

Lebanon
Genre: Drama
Director: Samuel Moaz
Stars: Yoav Donat, Michael Moshonov
●●½

This 2009 Venice Film Festival prize winner is set during the1982 Israel-Lebanon conflict. The gimmick: the action takes place entirely within an Israeli military tank, with the outside world filtered video-game-style through the gunner's scope. It's tense and claustrophobic, but not particularly dramatic — and once you get that the tank is a rolling metaphor for the hell of war, it's also pretty redundant.

ADAM NAYMAN

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Pete Hammond, BOXOFFICE MAGAZINE

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Journey to Mecca in the Footsteps of Ibn Battuta (STC) A.M. Fri-Thu 11
The Ultimate Wave Tahiti (STC) Fri-Thu 1-5

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Eat Pray Love (PG) Fri-Thu 3:30-7-9:50

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

The American (14A) Wed-Thu 1:45-4:15-7:15-9:30
Hugh Hefner: Playboy, Activist and Rebel (PG) Fri-Thu 1:15-7:10-9:40
I Am Love (14A) Fri-Tue 1:45-4:15-6:50
Inception (PG) Fri-Thu 1-4-7-9:55
Joan Rivers: A Piece of Work (PG) Fri-Thu 1:30-3:30-5:30-7:30-9:25
The Kids Are All Right (14A) Fri-Tue 2-4:30-9:15 Wed-Thu 2-4:30
The Switch (PG) Fri-Thu 4:45-7:20-9:35

GRANVILLE
855 Granville St., 604-684-4000

Animal Kingdom (14A) Fri 6:50-9:35 Sat-Sun 1:15-4:05-6:50-9:35 Mon-Thu 5:25-8:15
Charlie St. Cloud (PG) Fri 7:05-9:45 Sat-Sun 1:30-4:20-7:05-9:45 Mon-Thu 5:40-8:05
A Clockwork Orange (STC) Fri 7
The Girl Who Played With Fire (18A) Fri 6:40-9:30 Sat-Sun 1:05-3:50-6:40-9:30 Mon-Thu 5:35-8:20
The Girl With the Dragon Tattoo (18A) Fri 8 Sat-Sun 1-4:15-8 Mon-Wed 8
The Kids Are All Right (14A) Fri 7-9:25 Sat-Sun 1:25-3:55-6:55-9:40 Mon-Thu 5:50-8:30
Predators (18A) Sat 1:20-4:10 Sun 1:20-4:10-7-9:25 Mon-Thu 5:45-8:10
The Twilight Saga: Eclipse (PG) Fri 6:45-9:25 Sat-Sun 1:10-4-6:45-9:25 Mon-Thu 5:30-8:25
UFC 118: Edgar vs. Penn 2 (STC) Sat 7

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

The Back-up Plan (PG) Fri 9:40 Sat-Sun 3:40-9:40 Mon-Thu 9:40
Sex and the City 2 (14A) Fri 7:30 Sat-Sun 1:30-7:30 Mon-Thu 7:30

OAKRIDGE
650 West 41st Ave., 604-263-1944

The Expendables (18A) Dolby Stereo Digital Fri 4:30-7-9:30 Dolby Stereo Digital Sat-Sun 2-4:30-7-9:30 Dolby Stereo Digital Mon-Thu 4:30-7-9:30
Nanny McPhee Returns (G) DTS Digital Fri 4:25-6:45-9:15 DTS Digital Sat-Sun 2:15-4:25-6:45-9:15 DTS Digital Mon-Thu 4:25-6:45-9:15
Vampires Suck (PG) DTS Digital Fri 4:50-7:15-9:40 DTS Digital Sat-Sun 2:30-4:50-7:15-9:40 DTS Digital Mon-Thu 4:50-7:15-9:40

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

Act of Violence (STC) Fri 7 Wed 8:50
Death by VHS: New Cinematic Discoveries From Winnipeg, Manitoba (STC) Mon 7:30
Desert Fury (STC) Sat 7
The Killing (STC) Sun 8:40 Thu 7
No Films Showing Today (STC) Tue
Odds Against Tomorrow (STC) Wed 7 Thu 8:40
This Gun for Hire (STC) Sat 8:50 Sun 7
Where the Sidewalk Ends (STC) Fri 8:40

PARK THEATRE
3440 Cambie Street, 604-876-2747

Eat Pray Love (PG) Fri-Tue 1-4-7-9:50 Wed 7-9:50 Thu 1-4-7-9:50

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

Lebanon (14A) Fri 4:30-7-9 Sat-Sun 2-4:30-7-9 Mon-Tue 4:30-7-9 Wed 4:30-7 Thu 4:30-7-9

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Legend (STC) Fri
Piranha 3D (18A) Fri-Thu 4:30-7-9:30
Willow (STC) Fri

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

The American (14A) Wed-Thu 12:45-3:45-6:50-9:50
Avatar: Special Edition 3D (STC) Fri-Thu 2:30-6:30-10:15
Dinner for Schmucks (PG) Fri-Sun 1:30-4:20-7:30-10:20 Mon 4:45-7:30-10:20 Tue-Thu 1:30-4:20-7:30-10:20
Eat Pray Love (PG) Fri-Tue 12:20-3:30-6:40-9:50 Fri-Thu 12:40-3:50-7:10-10:30
The Expendables (18A) Fri-Thu 12:50-4-7:20-10:10
Inception (PG) Fri-Thu 12:15-3:40-7:10:40
Piranha 3D (18A) Fri-Thu 1:20-3:45-7:40-10
Salt (PG) Fri-Thu 1:10-4:10-6:50-9:30
Step Up 3D (PG) Fri-Thu 12:30-3:20-6:45-9:40

TINSELTOWN
International Village, 88 West Pender, 3rd floor, 604-806-0799
cinemark.com

Despicable Me 3D (G) Fri-Thu 12:05-2:30-5:05-7:25
The Disappearance of Alice Creed (14A) No Passes Fri 12:20-5:10-10 No Passes Sat 12:20 No Passes Sun-Thu 12:20-5:10-10
Get Low (PG) Fri-Thu 12:25-3-5:30-8-10:25
The Last Exorcism (14A) No Passes Fri-Thu 1:05-3:20-5:35-7:50-10:05
Lottery Ticket (PG) No Passes Fri-Thu 9:45
Mesrine: Killer Instinct (14A) No Passes Fri-Thu 1:55-4:35-7:15-9:50
Nanny McPhee Returns (G) No Passes Fri-Mon 1:50-4:30-7:05-9:40 No Passes Tue 1:50-4:30-9:40 No Passes Wed-Thu 1:50-4:30-7:05-9:40
The Other Guys (14A) Fri-Thu 12:2:25-5:7:40-10:20
Scott Pilgrim vs. the World (PG) Fri-Thu 2:10-4:50-7:30-10:10
The Switch (PG) No Passes Fri-Thu 12:15-2:45-5:15-7:45-10:15
Takers (14A) No Passes Fri-Thu 2:05-4:45-7:20-9:55
Teenage Paparazzo (PG) No Passes Fri-Thu 12:10-2:20-4:45-7:10-9:30
Toy Story 3 3D (G) Fri-Thu 1:40-4:25-7-9:35
Vampires Suck (PG) No Passes Fri 2:40-7:35 No Passes Sat 2:40 No Passes Sun-Tue 2:40-7:35 Wed-Thu 2:40-7:35

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street, 604-683-Film
vifc.org

Message to Love: The Isle of Wight Festival (STC) Fri 8:15 Sat-Sun 11
No Films Showing Today (STC) Mon Thu
Still Walking (STC) Tue-Wed 7

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

The Last Exorcism (14A) Fri 7-9 Sat-Sun 5-7-9 Mon-Thu 7-9

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

Eat Pray Love (PG) Fri-Sun 12:30-3:40-6:45-9:50 Mon-Thu 3:40-6:45-9:50
Inception (PG) Fri-Sun 1-4:15-8 Mon-Thu 4:15-8
The Last Exorcism (14A) Fri-Sun 1:20-3:30-7:15-9:40 Mon-Thu 3:30-7:15-9:40
Nanny McPhee Returns (G) Fri-Sun 12:45-3:20-7-9:25 Mon-Thu 3:20-7-9:25
The Switch (PG) Fri-Sun 1:30-4-7:20-9:55 Mon-Thu 4-7:20-9:55
Toy Story 3 3D (G) Fri-Sun 1:10-3:50-7:10-9:35 Mon-Thu 3:50-7:10-9:35

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

The American (14A) Wed-Thu 1:20-3:50-7-9:30
Despicable Me 3D (G) Fri-Tue 1:20-3:50-6:30
The Expendables (18A) Fri-Thu 1:50-4:20-7:10-9:45
The Other Guys (14A) Fri-Thu 1:30-4-6:50-9:40
Piranha 3D (18A) Fri-Thu 1:40-4:10-7:15-9:50
Scott Pilgrim vs. the World (PG) Fri-Tue 9:10
Takers (14A) Fri-Thu 1:10-3:40-6:40-9:20
Vampires Suck (PG) Fri-Wed 1-3:30-7-9:30 Thu 3:30-7-9:30 Star & Strollers Screening Thu 1

Rolling Stone "SIT BACK AND LAUGH YOUR *** OFF, THE OTHER GUYS IS A RIOT." Peter Travers
"★★★★. A MUST-SEE MOVIE." Michael Sauter LIFE & STYLE WEEKLY
WILL FERRELL
MARK WAHLBERG
THE OTHER GUYS
From the Director of
ANCHORMAN and TALLADEGA NIGHTS
14A COARSE & SEXUAL LANGUAGE
mosaic
TheOtherGuys-Movie.ca
Join Facebook.com/OtherGuysMovie
NOW PLAYING
Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes
SONY

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Honolulu	from $298 + taxes & fees $111
Los Cabos	from $299 + taxes & fees $273
Chicago	from $389 + taxes & fees $121
Maui	from $418 + taxes & fees $112
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Rio de Janeiro	from $759 + taxes & fees $196
Hong Kong	from $769 + taxes & fees $205
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Ottawa	one-way from $189 + taxes & fees $73

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$200≈ per adult
when you book your all-inclusive vacation at select resorts with Sunquest before August 31, 2010.

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from **$719**
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ADD city breaks	from $299 taxes & fees included
ADD Japan rail pass	from $349 taxes & fees included
ADD multi-day escorted tours	from $1999 taxes & fees included

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Honolulu
Air + 6 Nights
from **$519**
+ taxes & fees $111
INCLUDES Waikiki accom.

Anaheim Family Special
Air + 4 Nights — from $269◊ + taxes & fees $109
INCLUDES accom near *Disneyland* Resort. Price is per person based on quad occupancy. **BOOK** this package based on double occupancy from $349 per person.

Palm Springs
Air + 3 Nights 4-Star — from $439 + taxes & fees $99
INCLUDES accom with breakfast. **BONUS** receive 25% off the daily rate at select golf courses.

San Diego Air + 4 Nights — from $439 + taxes & fees $114
INCLUDES accom fronting scenic San Diego Bay just minutes away from San Diego Zoo, Balboa Park, Horton Plaza and beaches.

San Francisco Air + 3 Nights — from $439 + taxes & fees $114
INCLUDES accom in the heart of San Francisco with breakfast. **ADD** Napa & Sonoma wine valley tour from $73.

Maui Air + 7 Nights — from $899 + taxes & fees $101
BONUS receive a 2-for-1 Luau certificate and Aloha arrival shopping booklet. **ADD** Haleakala, Central Maui and Iao Valley Tour from $96.

New York Air + 3 Nights — from $899 + taxes & fees $132
INCLUDES Manhattan accom.

Vacations

London Air + 6 Nights
from **$579**
+ taxes & fees $474
INCLUDES central accom with breakfast.

Paris Air + 7 Nights — from $769 + taxes & fees $427
INCLUDES accom near the Metro with full kitchen.

Thailand Air + 8-Day Tour — from $1229 + taxes & fees $270
HIGHLIGHTS Bangkok, Chiang Mai, Hilltribe trek, elephant riding & bamboo river rafting.

Buenos Aires Air + 7 Nights — from $1399 + taxes & fees $260
INCLUDES central accom close to Plaza de Mayo with breakfast and internet.

Sydney Air + 9 Nights — from $1418 + taxes & fees $409
INCLUDES accom in the heart of the entertainment district. **ADD** Harbour Starlight dinner cruise from $99.

All-inclusive Vacations

Varadero
7 Nights 4-Star
from **$605**
+ taxes & fees $216

Puerto Vallarta 7 Nights 4-Star	from $448 + taxes & fees $273
Mayan Riviera 7 Nights 4-Star	from $695 + taxes & fees $273
Los Cabos 7 Nights 5-Star	from $797 + taxes & fees $273
Punta Cana 7 Nights 4-Star	from $797 + taxes & fees $322

Canada Vacations

Calgary
Air + 3 Nights
from **$529**
+ taxes & fees $131
INCLUDES accom in the heart of downtown Calgary. **ADD** Banff & Wild West tour from $179.

Kelowna 3 Nights — from $219 taxes & fees included
INCLUDES waterfront accom on Lake Okanagan, close to over 100 wineries and golf.
ADD Summerhill wine tour from $12.

Toronto Air + 3 Nights — from $719 + taxes & fees $168
INCLUDES accom in the heart of downtown Toronto. **ADD** CN Tower admission from $29.

Cruise Vacations

Panama Canal
14-Night Cruise — from $819 + taxes & fees $274
CRUISE from San Diego to San Juan and visit Los Cabos, Acapulco, Huatulco, Puntarenas, Panama Canal (cruising), Colon, Aruba & Curacao.

Hawai'i 12-Night Cruise — from $979^ + taxes & fees $82^
CRUISE from Honolulu to Ensenada and visit Kauai, the Big Island and Maui.

Southeast Asia
13-Night Cruise — from $1179 + taxes & fees $130
CRUISE from Hong Kong to Singapore and visit Halong Bay (overnight), Chan May, Nha Trang, Saigon (Vung Tau - overnight) & Bangkok (Laem Chabang - overnight).

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RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Eat Pray Love (PG) Fri 3:50-7:10 Sat-Sun 12:50-3:50-7:10 Mon-Thu 3:50-7:10
The Expendables (18A) Fri 4:05-7:15-9:55 Sat-Sun 1:05-4:05-7:15-9:55 Mon-Thu 4:05-7:15-9:55
Inception (PG) Fri 3:45-6:55-10:05 Sat-Sun 12:45-3:45-6:55-10:05 Mon-Thu 3:45-6:55-10:05
The Last Exorcism (14A) Fri 4:10-7:20-9:45 Sat-Sun 1:10-4:10-7:20-9:45 Mon-Thu 4:10-7:20-9:45
Scott Pilgrim vs. the World (PG) Fri 3:55-7:10-9:50 Sat-Sun 12:55-3:55-7:10-9:50 Mon-Thu 3:55-7:10-9:50
The Switch (PG) Fri 4:7:05-9:35 Sat-Sun 1-4-7:05-9:35 Mon-Thu 4:7:05-9:35

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

The American (14A) Wed-Thu 12:35-3:40-7:30-10:30
Avatar: Special Edition: An IMAX 3D Experience (STC) Fri-Thu 12:30-4:15-8
Cats & Dogs: The Revenge of Kitty Galore (G) Fri-Thu 1:10-3:45
Chak Jawana (STC) Fri-Thu 12:20-3:35-6:50-9:55
Despicable Me 3D (G) Fri-Thu 12:30-3:30-6:45-9:30
Dinner for Schmucks (PG) Fri 12:35-3:40-7:30-10:30 Sat 12:35-3:40-10:30 Sun-Tue 12:35-3:40-7:30-10:30 Wed-Thu 10:30
Eat Pray Love (PG) Fri-Thu 12:30-3:50-7:05-10:15
The Expendables (18A) Fri-Thu 1-4-7:15-10:25
Inception (PG) Fri-Sat 12:15-3:35-7:10:45 Sun-Thu 12:15-3:35-7:10:20
The Last Exorcism (14A) Fri-Thu 12:45-3:05-5:30-8-10:40
Lottery Ticket (PG) Fri-Thu 7:10-9:50
Nanny McPhee Returns (G) Fri-Thu 1:05-4:10-6:45-9:30
The Other Guys (14A) Fri-Thu 12:40-3:30-6:55-10:05
Piranha 3D (18A) Fri-Thu 12:15-2:30-5-7:40-10:20
Salt (PG) Fri-Tue 1:35-5-7:30-10:10 Wed 5-7:30-10:10 Thu 1:35-5-7:30-10:10
Scott Pilgrim vs. the World (PG) Fri-Thu 1:20-4:15-7:20-10:35
Step Up 3D (PG) Fri-Thu 1-4-7:10
The Switch (PG) Fri-Mon 1-4:30-7:25-10:25 Tue 1-4:30-7:25-10:20 Wed 1-4:30-7:25-10:25 Thu 4:30-7:25-10:25 Star & Strollers Screening Thu 1
Takers (14A) Fri-Thu 12:55-3:55-7:05-10
Toy Story 3 (G) Fri-Tue 12:35-3:40-6:45-9:45 Wed-Thu 12:35-3:40-6:45
UFC 118: Edgar vs. Penn 2 (STC) Sat 7
Vampires Suck (PG) Fri-Mon 12:25-2:35-5:15-7:45-10:20 Tue 12:25-2:35-5:15-7:45-10:25 Wed-Thu 12:25-2:35-5:15-7:45-10:20

BURNABY

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

The American (14A) Wed-Thu 5-7:05-9:10
Charlie St. Cloud (PG) Fri 5-7 Sat-Sun 1-3-5-7 Mon-Thu 5-7
The Other Guys (14A) Fri 5-7:10-9:15 Sat-Sun 2:45-5-7:10-9:15 Mon-Tue 5-7:10-9:15
Scott Pilgrim vs. the World (PG) Fri-Thu 9

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Despicable Me 3D (G) Fri-Thu 12-2:25-4:50-7:15-9:45
Eat Pray Love (PG) Fri-Thu 12:10-3:20-6:40-10
The Expendables (18A) Fri-Thu 12:35-4:10-7:35-10:30
Inception (PG) Fri-Thu 12-3:15-6:25-9:55
The Last Exorcism (14A) Fri-Thu 1:30-4:30-7:40-10:05
The Other Guys (14A) Fri-Thu 12:45-4-7:40-10:25
Piranha 3D (18A) Fri-Thu 12:55-3:05-5:20-7:45-10:20
Scott Pilgrim vs. the World (PG) Fri-Thu 12:15-3:40-7:10-10:15
Takers (14A) Fri-Thu 1-4:15-6:55-9:50
Vampires Suck (PG) Fri-Thu 1:15-4:05-6:50-9:30

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

Cats & Dogs: The Revenge of Kitty Galore (G) Fri 4:10 Sat-Sun 1:10-4 Mon-Thu 4:10
Dinner for Schmucks (PG) Fri 7:10:10 Sat-Sun 7:10-10:10 Mon-Thu 7:10:10
Inception (PG) Fri 4-7:10-10:20 Sat-Sun 1-4:10-7:20-10:30 Mon-Thu 4-7:10-10:20
Nanny McPhee Returns (G) Fri 4:15-7:15-10:15 Sat-Sun 1:15-4:15-7:15-10:15 Mon-Thu 4:15-7:15-10:15
Salt (PG) Fri 4:30-7:30-10:30 Sat-Sun 1:30-4:30-7:30-10 Mon-Thu 4:30-7:30-10:30
Step Up 3 (PG) Fri 4:20-7:20-10 Sat-Sun 1:20-4:20-7:10:20 Mon-Thu 4:20-7:20-10
The Switch (PG) Fri 4:25-7:25-10:25 Sat-Sun 1:25-4:25-7:25-10:25 Mon-Thu 4:25-7:25-10:25
Toy Story 3 (G) Fri 4:05 Sat-Sun 1:05-4:05 Mon-Thu 4:05
The Twilight Saga: Eclipse (PG) Fri-Thu 7:05-10:05

NEW WEST/ COQUITLAM

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

The American (14A) Wed-Thu 12:10-3:15-6:30-9:50
Avatar: Special Edition 3D (STC) Fri-Thu 12:35-4:50-9
Cats & Dogs: The Revenge of Kitty Galore (G) Fri-Thu 1-3:25
Despicable Me 3D (G) Fri-Thu 1:30-4:05-6:35-9:15
Dinner for Schmucks (PG) Fri-Thu 12:45-3:45-7:25-10:20
Eat Pray Love (PG) Fri-Tue 12:30-3:15-3:50-6:30-7:10-9:50-10:25 Wed-Thu 12:30-3:50-7:10-10:25
The Expendables (18A) Fri 12:25-1:25-3:20-4:20-6:55-7:45-9:45-10:40 Sat 12:25-1:25-3:20-4:20-6:55-9:45-10:40 Sun-Mon 12:25-1:25-3:20-4:20-6:55-7:45-9:45-10:40 Tue 1:25-4:20-6:55-7:45-9:45-10:40 Wed-Thu 12:25-1:25-3:20-4:20-6:55-7:45-9:45-10:40
Inception (PG) Fri-Thu 12-4:15-8
The Last Exorcism (14A) Fri-Thu 1:20-4:45-7:20-10
Lottery Ticket (PG) Fri-Thu 6:50-9:40
Nanny McPhee Returns (G) Fri-Tue 12:40-3:35-6:40-9:30 Wed 3:35-6:40-9:30 Thu 12:40-3:35-6:40-9:30 Star & Strollers Screening Wed 1
The Other Guys (14A) Fri-Thu 12:55-3:55-7:05-9:55
Piranha 3D (18A) Fri-Thu 12:05-2:30-5-7:40-10:15
Salt (PG) Fri-Thu 12:55-4:30-7:25-10:10
Scott Pilgrim vs. the World (PG) Fri-Sat 1:15-4:10-7:15-10:05 Sun 1:15-4:10-7:15-10 Mon-Thu 1:15-4:10-7:15-10:05
Step Up 3 (PG) Fri-Thu 1:05-4-6:45-9:25
The Switch (PG) Fri-Thu 12:50-3:40-7:35-10:25
Takers (14A) Fri-Thu 1:10-4:25-7:25-10:35
Toy Story 3 3D (G) Fri-Thu 12:15-3:30-6:45-9:35
The Twilight Saga: Eclipse (PG) Fri-Tue 12:10
UFC 118: Edgar vs. Penn 2 (STC) Sat 7
Vampires Suck (PG) Fri-Thu 12:20-2:40-5:10-7:55-10:30

▶ Pirahna 3D opened last week.

SURREY/WHITE ROCK/LANGLEY

CLOVA
5732-176th St., Surrey, 604-541-9527

Despicable Me (G) Fri-Thu 1:30
Dinner for Schmucks (PG) Fri-Thu 9:10
Scott Pilgrim vs. the World (PG) Fri-Thu 7
Toy Story 3 (G) Fri-Thu 3:20

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

Cats & Dogs: The Revenge of Kitty Galore (G) Fri-Thu 1:50
Despicable Me (G) Fri-Thu 12-3:30-7:30
Dinner for Schmucks (PG) Fri-Thu 5:20-9:20
Salt (PG) Fri-Thu 2:30-6:45
Scott Pilgrim vs. the World (PG) Fri-Thu 12-4:30-8:50
The Sorcerer's Apprentice (PG) Fri-Thu 4:30-8:50
Toy Story 3 (G) Fri-Thu 12-2:15-6:45

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Chak Jawana (STC) Fri-Thu 12:50-4-7:15-10:15
Eat Pray Love (PG) Fri-Thu 12:20-3:45-7:10:20
The Expendables (18A) Fri-Thu 1:15-4:30-8-10:45
Inception (PG) Fri-Thu 12:15-3:40-7:10-10:30
The Last Exorcism (14A) Fri-Thu 12:40-3:30-7:45-10:25
Mel Kara de Rabba (PG) Fri-Thu 12:30-6:50
Nanny McPhee Returns (G) Fri-Thu 12:25-3:20-6:40-9:30
The Other Guys (14A) Fri-Thu 1:10-4:15-7:50-10:40
Peepli Live (PG) Fri-Thu 3:55-10
Piranha 3D (18A) Fri-Thu 12:55-4:40-7:40-10:05
The Switch (PG) Fri-Tue 1-3:50-6:55-9:40 Wed 3:50-6:55-9:40 Thu 1-3:50-6:55-9:40 Star & Strollers Screening Wed 1
Takers (14A) Fri-Thu 1:20-4:20-7:30-10:10
Vampires Suck (PG) Fri-Thu 1:30-4:10-7:20-9:50

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

The American (14A) Stadium Seating, Dolby Stereo Digital Wed-Thu 1:20-4:35-7:15-10
Chak Jawana (STC) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:45-4:45-8
Eat Pray Love (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:25-4:30-7:40
The Expendables (18A) Stadium Seating, Dolby Stereo Digital Fri-Thu 2:05-4:40-7:30-10:10
Inception (PG) Stadium Seating, Dolby Stereo Digital Fri-Tue 1:20-4:35-7:50
The Last Exorcism (14A) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:55-4:10-7:20-9:50
Lottery Ticket (PG) Stadium Seating, Dolby Stereo Digital Fri 1:15-3:55-6:50-9:30 Stadium Seating, Dolby Stereo Digital Sat 1:15-3:55 Stadium Seating, Dolby Stereo Digital Sun-Thu 1:15-3:55-6:50-9:30
Nanny McPhee Returns (G) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:10-3:50-6:45-9:25
The Other Guys (14A) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:40-4:20-7:10-9:55
Piranha 3D (18A) Stadium Seating, Dolby Stereo Digital Fri-Thu 2-4:25-7:25-10:05
The Switch (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:35-4-6:55-9:35
Takers (14A) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:30-4:15-7-9:45
UFC 118: Edgar vs. Penn 2 (STC) Dolby Stereo Digital, Stadium Seating, No Passes Sat 7
Vampires Suck (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:50-4:05-7:05-9:40

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1732-152nd Street, White Rock, 604-541-9527, criterontheatres.com

Eat Pray Love (PG) Fri 7-9:35 Sat-Sun 2-7-9:35 Mon-Thu 7-9:35
The Switch (PG) Fri 7:10-9:05 Sat-Sun 2:10-7:10-9:05 Mon-Thu 7:10-9:05

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

The American (14A) Wed-Thu 12:35-3:45-7:10-10:05
Avatar: Special Edition 3D (STC) Fri-Thu 12:20-4-8
Cats & Dogs: The Revenge of Kitty Galore (G) Fri-Tue 12:35-3:45
Despicable Me 3D (G) Fri-Thu 12:45-3:35-6:50-9:35
Dinner for Schmucks (PG) Fri-Wed 12:25-3:25-7:10:25 Thu 7-10:25
Eat Pray Love (PG) Fri-Thu 12:15-3:25-6:45-10:10
The Expendables (18A) Fri-Thu 1:10-4:30-7:45-10:25
Inception (PG) Fri-Thu 9:45
Inception: The IMAX Experience (PG) Fri-Thu 12:15-3:45-7-10:15
The Last Exorcism (14A) Fri-Thu 1:15-4-7:30-10:20
Lottery Ticket (PG) Fri-Thu 12:40-4:05-6:55
Nanny McPhee Returns (G) Fri-Tue 12:15-3:45-7-9:50 Wed 12:15-7-9:50 Thu 12:15-3:45-7-9:50 Wed 3
The Other Guys (14A) Fri-Thu 12:20-3:30-7:05-10
Piranha 3D (18A) Fri-Thu 12:50-3:50-7:15-9:55
Salt (PG) Fri-Thu 1:05-4:20-7:35-10:15
Scott Pilgrim vs. the World (PG) Fri-Thu 12:45-4:15-7:40-10:30
Step Up 3 (PG) Fri-Thu 3:50-9:30
Step Up 3D (PG) Fri-Thu 7:05-9:40
The Switch (PG) Fri-Thu 12:55-4:10-7:20-10:20
Takers (14A) Fri-Thu 12:35-3:55-7:10-10:05
Toy Story 3 (G) Fri-Thu 12:25-6:45
Toy Story 3 3D (G) Fri-Thu 1:05-4:10
The Twilight Saga: Eclipse (PG) Fri 6:55-9:55 Sat 9:55 Sun-Tue 6:55-9:55
UFC 118: Edgar vs. Penn 2 (STC) Sat 7
Vampires Suck (PG) Fri-Thu 1-3:40-7:25-10:15

TWILIGHT DRIVE-IN
260th Street & Fraser Highway, Langley, 604-856-5063

The Expendables (18A) Fri-Thu 10:40
Killers (PG) Fri-Sat 12:30
The Switch (PG) Fri-Thu 8:45

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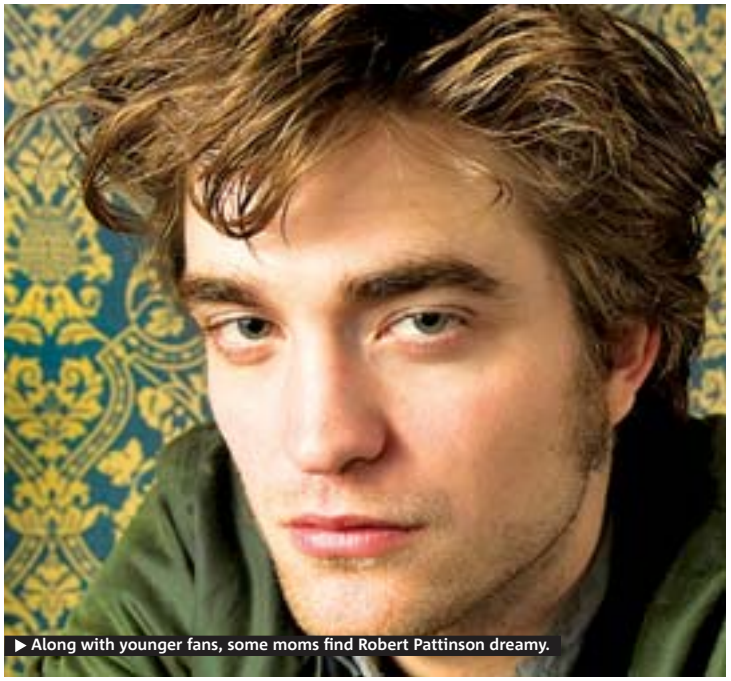

▶ Along with younger fans, some moms find Robert Pattinson dreamy.

Moms lusting over the boys of Twilight

Jill Etesse was hooked on the Twilight books the second she cracked the series opener. She ripped through the saga on paper and rented movie No. 1.

Then the madness began.

"I joined the lines of teens for New Moon," said the 38-year-old mom of two. "My husband is deathly embarrassed. Half my friends think I'm crazy."

Etesse, from Leesburg, Va., won't let her eight-year-old daughter anywhere near Team Edward OR Team Jacob, but did she take herself to Eclipse this summer? "Oh yeah."

Is there something, um, icky about moms lusting after the boys of Twilight or other morsels of ripe screen candy? Heck, no, said 54-year-old Toni Downey of Limerick, Pa. We're not dead yet! Downey's more into Matt Bomer, 32, of TV's White Collar at the moment, but "I've had impure thoughts about barely legal boys as well." Strictly the celebrity look-don't-touch variety, she notes.

Eighteen-year-old Taylor Lautner's six-pack? "Mind-boggling," said Downey, who has a 25-year-old daughter. "She likes Buffy as her only vamp thing, and we both thought Pattinson was hotter as a blond in Harry Potter."

Into the light they've come, declaring their sometimes puzzled joy, juggling movie schedules with diaper changes, kid lunches and soccer practices. They're definitely looking forward with younger fans to the last two Twilight movies starting next year, and they're scooping up all sorts of reads intended for the young.

"I have no idea why it's so appealing to me," Etesse said. "I'm married to a tall, dark and handsome French-Irish guy, but those abs, you know. I'd trade a pair of my Jimmy C's for my husband to have those."

In June, 30-year-old mom Christina Fiedler was undaunted by a tent city of young people on her way in to a special screening of Eclipse at a Los Angeles theatre. She's not all that much older than 24-year-old Robert Pattinson and his mid-20s Cullen kin, played by Kellan Lutz and Jackson Rathbone, but her mom status makes her feel light-years their senior, especially since they're are supposed to be teens on screen. "What an odd experience to be an adult woman in a theatre full of screaming tweens," said Fiedler, who has a two-year-old son and has blogged about her Twilight habit at Mom Logic. "I didn't go with my Team Jacob or Team Edward shirt like some of the women my age did. There were quite a few of them. I didn't talk back to the screen like they did."

"I didn't go with my Team Jacob or Team Edward shirt like some of the women my age did. There were quite a few of them. I didn't talk back to the screen like they did."
CHRISTINA FIEDLER, 30

THE ASSOCIATED PRESS

mother nature

▶ **With an upswing** in grown-ups (yes, women) embracing books intended for teens, are moms thinking younger, or at least enjoying the freedom to express their still-young sides in ways June Cleaver was denied?

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Emmy show really wants your attention

It's time to renegotiate the broadcast rights ◗ Ratings will be crucial ◗ Broadcast networks or cable?

When the Emmy Awards air Sunday, more is at stake than whether 30 Rock wins its fourth consecutive best-series trophy, Mad Men its third or Glee its first.

A crucial tally will be the ratings — ammunition for either the big four networks or the Academy of Television Arts & Sciences as the two sides negotiate a new contract for the telecast.

The current agreement, reached in 2002 and expiring this year, created an annual network rotation that brought the ceremony to ABC, CBS, Fox and NBC, and gave the TV academy a huge boost in its license fees.

Now the Emmy show has a chance to prove that it's riding a wave that has lifted other awards broadcasts this year, with viewership up for shows including the Oscars, the Golden Globes and the Grammys.

But what Emmy organizers also might covet is a counteroffer. Eight years ago, cable's HBO made a splash by bidding to wrest away the ceremony with a $10 million annual license fee when the networks were offering $3.3 million.

"Nothing can help your negotiation more than if you have another offer on the table," said writer-producer Bryce Zabel, who was academy chairman and CEO at the time.

"We had a strong argument that the license fee should go up, but it made it easier to achieve with another offer."

▶ Jimmy Fallon, who hosts the Emmys on Sunday, says the awards show belongs on the broadcast networks.

Networks ultimately agreed to an eight-year deal with license fees of $4.5 million annually for the first four years and $7.5 million per year for the next four.

The academy and the networks declined comment on current negotiations.

But broadcast executives were surprised at the academy's proposal, given ceremony ratings in recent years, according to two people with knowledge of the talks. The individuals, who lacked authority to comment publicly and spoke on condition of anonymity, said the academy was seeking to keep fees in the $7.5 million range.

So far, there has been no overt interest shown in the Emmys by HBO or major basic cable networks, such as Turner's TNT or TBS.

THE ASSOCIATED PRESS

TV picks

Get the dish on Thai food

THROWDOWN. Pad Thai is the dish du jour on Throwdown With Bobby Flay. The New York native takes on Nongkran Daks, executive chef and owner of the Thai Basil Restaurant in Chantilly, Va. Daks has travelled the world teaching the secrets of authentic Thai cooking. (Friday, Food Network)

Is life better in Silicon Valley?

PALO ALTO. The documentary series One Square Mile examines American society within the microcosm of that exact dimension of land in cities around the U.S. Tonight's episode profiles one square mile of Palo Alto, Calif., which is considered the birthplace of Silicon Valley. (Friday, BBC World News)

Competitive art returns

MARATHON. If you never got a chance to check out Sarah Jessica Parker's reality competition Work of Art: The Next Great Artist, this is your day. A marathon of the series is airing all day followed by the finale, which hasn't yet aired in Canada but was recently broadcast in the U.S. Parker executive produces the series, in which 14 aspiring artists compete for $100,000 and a solo show at the Brooklyn Museum. (Saturday, Bravo)

MJ's best friend?

BUBBLES. Michael Jackson & Bubbles: The Untold Story profiles the friendship between the late pop icon and one of his best friends — a chimpanzee. The doc is airing on what would have been Jackson's 52nd birthday and delves into the psychology behind his devotion to Bubbles. (Sunday, Animal Planet)

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Sound Check

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BEAUTIFUL DAY FOR U2 IN MOSCOW

After weeks of punishing heat, choking smoke from wildfires and withering crops, the Russian drought of 2010 ended Wednesday night.

That's the good news. The bad news is that it ended with a monsoon-level rainstorm just as U2 started their first-ever show in Moscow. With Beautiful Day, naturally.

That U2 was in Russia in the first place was a miracle. While Western bands playing here is nothing new — if memory serves, The Dirt Band was the first back in about 1977 — a production the size of the 360 Tour required intense negotiations all the way up to the diplomatic level.

Hey, you try and get 200 trucks worth of gear into this country, not to mention all the necessary visas and work permits. Suffice to say there were lots of older men in shiny suits in the VIP boxes. One of them was Mikhail Gorbachev, too.

Then there's the matter of U2's position on things like universal human rights, political freedoms, freedom of expression and help for AIDS patients — all touchy subjects for their Russian hosts. How would all that go over?

At first, things seemed fine. Before the show, Bono flew to Sochi for tea with President Medvedev. Russian media reported they talked about all those things near and dear to Bono's heart. Even then I was surprised to see booths for Amnesty International, Greenpeace and One outside the stadium.

Bold stuff, considering that the police and military presence at the show was large enough to repatriate a breakaway Soviet republic in an afternoon.

Alas, the police soon moved in and shut down all the booths despite previous assurances that they would be undisturbed. "Unlawful pickets," they said. Two people were apparently arrested. Bono didn't say anything about this from the stage, although he did stick to his regular political and human rights messages without being censored.

The show itself was a two-hour hit fest and if the rain bothered the crowd, they didn't show it. I did feel a bit sad for the woman next to me wearing the $900 suede Prada pumps. That'll learn her.

Read more about U2 in Moscow at exploremusic.com.

GETTY IMAGES

▶ U2 played to a rain-soaked crowd in Moscow Wednesday.

Dallas Green hits the home stretch

City and Colour singer-songwriter needs a break after year of touring

BRYAN BORZYKOWSKI
SCENE@METRONEWS.CA

Dallas Green promises that sometime next year he will record another City and Colour album.

For now though he's on vacation.

"I've got enough songs for the record," he says on the phone from his Toronto home, "But if I recorded them now I'd have a nervous breakdown. I need some time to myself."

The singer-songwriter, who made it big as the guitarist and vocalist in Alexisonfire and as a dreamy-voiced solo artist, has been on the go almost non stop for the last year. When he wasn't touring with Alexisonfire he'd play City and Colour shows; August was the first month he had off.

All that touring hasn't allowed him to write songs as quickly as he'd like. Green says he needs to spend time crafting a tune — he can't just churn them out.

"I don't understand the people who say they write a song every day," he says. "I never do that. I don't even think it's a good idea to write a song every day — I'd end up writing a bunch of s—."

While he has music for a new disc, he's waiting until January to enter the studio. He says he may write a few new songs between now and then, but he's adamant about not overloading the record with needless tracks.

"I don't want to hear a record that has 15 songs on it," he says. "That's asking too much for the listener, especially now when attention spans are so short."

Fortunately, his fans do want to hear more than 15 songs from him, at least when he plays live.

In the meantime, he's finished two songs, including a track he wrote about the BP oil spill.

"I was reading a ton about it and it crept into my subconscious and I wrote a song about it," he says.

▶ Dallas Green, who performs under the name City and Colour, plans to start work a new album in January.

Teams with Shad

Just because Dallas Green is taking it easy in August doesn't mean he's not working. He did make it into the studio this month, albeit for an unlikely reason — to work with Toronto-based rapper Shad.

"I'm a huge hip-hop fan and had a secret dream of being and R&B singer," he says. "And he helped me live out my dream."

The pair recorded two songs — Shad raps and Green sings. The songs won't appear on the next City and Colour disc, they're likely release it as a 12-inch two song vinyl, and on iTunes, instead.

METRO

Little Big Town back with new album, outlook

If ever there was a group with plenty of reason to pitch it in and give up, it's Little Big Town.

The quartet with the sweet harmonies, uncommon versatility and Job-like bad luck released its fourth album, The Reason Why, this week. Its members have been rocked by a personal difficulties and unfortunate business twists and turns that always seemed to come just as the group appeared to be gaining momentum on its move to the loftier reaches of country music.

Yet as Karen Fairchild, Kimberly Schlapman, Jimi Westbrook and Phillip Sweet approach their 12th year together, they've never felt more positive that all their troubles are behind them and the best times are near. They've been opening for Sugarland in front of big crowds and they hope their fourth record on their fourth label, The Reason Why, will push them to their own headliner status.

"As we wrote and we recorded, that was our goal. Definitely. We pushed ourselves harder than we ever have," Schlapman said.

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New Music

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Four Word Film Reviews

Book
Not skimpy on laughs. That could be one way to describe this book version of fwfr.com, a website that takes the shortest cut to some playful film criticism. Curated by site creator Benji Clews and former Canadian journalist Michael Onesi. Examples? "Sinking feelings split couple" (Titanic); "Luke. Pa. No hand" (Star Wars: The Empire Strikes Back).

Gap Give & Get

Shopping
Want to shop and support a good cause at the same time? The Gap is holding its Give & Get promotion this weekend, offering a 30 per cent discount on products at Gap, Banana Republic, Old Navy and Outlet, and donating five per cent to charities like CARE Canada and Boys and Girls Clubs of Canada. To get your discount, visit gapinc.com/giveandget

Tyler Perry's Why Did I Get Married Too

DVD
The popular director's story of four couples reuniting for their annual vacation, only to find their peaceful Bahaman getaway disrupted by one of the wives' exes, hits store shelves on Tuesday. The movie features a great performance by Janet Jackson.

Metro pick

GETTY IMAGES
▶Sandra Bullock will be on NBC's Today show next week.

Bullock talking New Orleans

Celeb
A lot has changed in the five years since Bullock and then-husband Jesse James visited post-Katrina New Orleans. Bullock — who since adopted a baby who was born in the city — will be talking about education and health in New Orleans on NBC's Today show on Tuesday. METRO

Diesel Sandstorm

Fashion
You may rely on your cell, BlackBerry or iPhone to tell time, but that's no reason why a watch can't be used as a fashion accessory. Diesel has a new line pulling on military influences: Mesh, leather, metal. They are available at boutiques or on the company's website.

I'm Still Here

Film
What happened to you? It's a question a lot of people have been wondering about Joaquin Phoenix in recent years after the Academy Award nominee announced he was giving up movies for music — rapping, specifically. We may soon have an answer as director Casey Affleck's doc about Phoenix's musical attempt hits the big screen next month. METRO

Comedy Central Roast

TV
"Don't hassle the Hoff," as the saying goes — unless you're one of the celebrities on Saturday's new episode of Comedy Central Roast. David Hasselhoff of Knight Rider and Baywatch fame bravely sits on the spit to be flamed by famous funny people including Seth MacFarlane, who serves as Roast Master. Watch it on The Comedy Network. THE ASSOCIATED PRESS

▶ David Hasselhoff

Mix of Six

Food

Wild B.C. Seafood Festival
Get a taste of local seafood at the Wild B.C. Seafood Festival in Steveston Harbour this Saturday from 11 a.m. – 4 p.m. There'll be cooking demonstrations by chefs from Tojo's and Cibo Trattoria as well as the opportunity to buy seafood straight from the dock..

Culture

Langley International Festival
Embrace Vancouver's multiculturalism at Langley's International Festival this Saturday and Sunday from 10 a.m. to 10 p.m. at Willoughby Community Park on 7888-200 Street. There'll be a parade, a dog show, and the chance to purchase various cultural paraphernalia.

Fashion

Portobello West Market
Visit the Portobello West Market on Sunday and support local designers. You'll get the chance to meet with some of the talented designers and purchase unique one-of-a-kind clothing. Admission is $2 at the Rocky Mountaineer Station from 12 p.m. to 6 p.m.

Dance

Métis Dance
Enjoy a taste of Native American culture on Sunday at the Métis Dance at 2 p.m. in Ron Basford Park on Granville Island. This free show will include a variety of dances including unique waltzes and European reels.

Show

Walking With Dinosaurs
The Rogers Arena show features 17 stomping and snarling dinosaurs including the Tyrannosaurus Rex and Stegosaurus. The largest, a 36-foot-tall Brachiosaurus, stretches 56 feet from nose to tail. The show runs until Sunday. For more information visit dinosaurlive.com.

Sports

Fair Trade Soccer
The Vancouver Whitecaps and the City of Surrey are teaming up with KidSport Canada for the first annual Fair Trade Soccer Match from 2 to 5 p.m. Saturday at the Tom Binnie field in Whalley. The Whitecaps and refugee youth will challenge players from the Surrey and Whalley Minor League All-Stars to a soccer match with a fair trade ball.

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Ne-Yo ordered to pay damages

- Promoter Kenyohn Clark sues
- R&B singer and booking agent to pay $156,000 for blotched concert

A Maryland judge has ordered R&B singer Ne-Yo and his booking agent to pay more than $156,000 in damages because the performer failed to appear at a 2008 New Year's Eve concert in Washington state.

Anne Arundel County Circuit Judge Philip Caroom ordered the payment Tuesday after a four-day trial in late July and early August.

Promoter Kenyohn Clark sued Ne-Yo, whose real name is Shaffer Smith, and promoter Mike Esterman, who is based in Maryland. The judge ruled in favour of Clark, who claimed that Esterman misled him and failed to return a $95,000 deposit.

Court documents show Ne-Yo testified at trial that he knew in his "heart of hearts" that the deposit should have been returned.

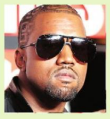
Jason Brino, Clark's attorney, says his client was "basically public enemy No. 1" after the botched concert and abandoned the promotion business to take a job as a military contractor. Attorneys for Ne-Yo and Esterman did not respond to messages seeking comment.

THE ASSOCIATED PRESS

GETTY IMAGES

▶ R&B Singer Ne-Yo.

Celebrity tweets



Kanye West [@kanye west] I hate when people email you and ask "You wanna know something?" of course but why are u torturing me by spreading this to more than 1 email

Kelly Osbourne [@MissKellyO] Just found a video on the Internet of me leaving colony on Friday night NOT wasted laughing with my friends! Get your check book out in-touch

Jenny McCarthy [@JennyMcCarthy] Leaving Las Vegas. Still got money in my pocket and I didn't get anyone pregnant.

Frankie Muniz [@frankie muniz] Just puked in our dressing room... Now I feel like a rockstar.. METRO

Letterman welcomes Walters back to View

David Letterman will welcome Barbara Walters back to The View when he visits the ABC daytime talk show next month.

ABC said Wednesday that Letterman, host of CBS' Late Show, will make his first guest appearance on The View on Sept. 7.

That's the day that co-panelist Walters returns to the air after taking the summer off to recover from open-heart surgery.

The show also marks the start of the 14th season of The View.

Other guests scheduled that week include former Secretary of State Colin Powell and actor Danny DeVito.

Besides Walters, The View stars Joy Behar, Whoopi Goldberg, Elisabeth Hasselbeck and Sherri Shepherd.

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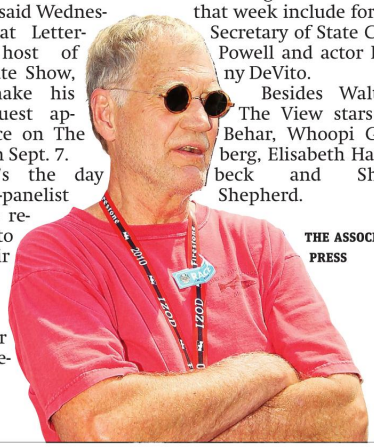

Naomi knows how she likes it

Naomi Campbell knows exactly how she likes her food.

The supermodel recently shocked other customers while dining with Leonardo DiCaprio and Bar Refaeli at a restaurant in Capri when she brought out her own condiment, according to Page Six.

"She couldn't indulge in food until her boyfriend's bodyguard brought over her own salt and pepper shakers," a source says.

▶ Naomi Campbell.

Campbell's rep was happy to clear things up, saying, "It wasn't salt and pepper, it's her Jamaican hot sauce."

METRO

Talking points

Lohan confined to home for now

CAN SHE PROVE HERSELF? Lindsay Lohan may be out of rehab early, but she's not completely free just yet. The new judge in her case, Elden Fox, has confined Lohan to her home until Nov. 1, where she will be subject to random drug and alcohol testing twice a week, according to TMZ. If any substances are found in the actress' system, it's back to jail for 30 days. "She is serious about her sobriety," Lohan's lawyer, Shawn Holley Chapman, told the judge. "She looks forward to proving to the court that she's moving forward in a positive manner." METRO

Barrymore has interview limits

PRYING REPORTERS BEWARE! Drew Barrymore is perfectly happy to discuss her troubled childhood — just so long as journalists don't take it to far. "God, I wanted to punch her, she would just not drop the youth thing," Barrymore tells the London Daily Mail about a prying reporter that had been interviewing her earlier that day. "I'm actually really proud. I know I made a lot of mistakes, but they in turn were my life lessons. But yeah, man, I wanted to rip this woman's face off. She just would not shut up about it." METRO

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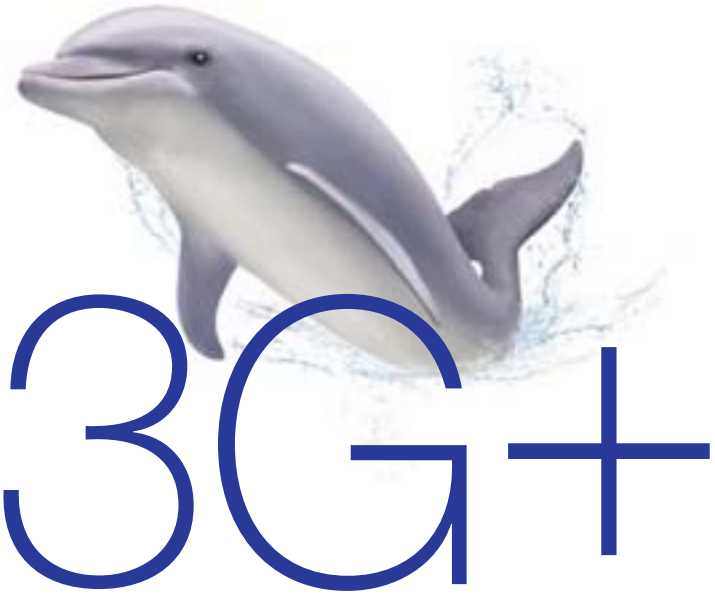

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3 life

Superfood

Camel milk: A hump of health

There are close to 20 million camels around the world producing an average total of 5.4 million tonnes of milk a year. Containing 10 times more iron and being three times as rich in vitamin C than cow's milk, camel milk is becoming an increasingly popular alternative just as much in the western world as in the Middle East. According to the Food and Agriculture Organization of the United Nations the anti bodies and high mineral and vitamin content in the milk may help ward off diseases including cancer, HIV, Alzheimers and hepatitis C and diabetes. METRO

SCANLIFE

Any grill can make great barbecue: Recipe for chili- and coffee-rubbed chuck roast. Scan code for local news

ERIC RISBERG/THE ASSOCIATED PRESS

▶ Shown is a pork chop prepared with a special sake marinade by Iron Chef Masaharu Morimoto, right, at his restaurant Morimoto in Napa, Calif.

Liquor is quicker for thrilling grill

What's Iron Chef Masaharu Morimoto's barbecue secret ingredient? A sake-spiked marinade, of course Boozy abounds in marinade options

Like many other chefs looking to add a little thrill to the grill, Iron Chef Masaharu Morimoto heads to the liquor cabinet. Because rum, tequila and other liquors all do a fine job of getting meat ready to face the fire.

As Elizabeth Karmel, known for her grill skills, puts it: Never marinate your food in something you wouldn't drink.

"I cook a lot with booze. It makes everything taste better and really gives food a fabulous depth of flavour," said Karmel, executive chef of Hill Country Barbecue Market and the soon-to-open Hill Country Chicken, both in New York City. "Food is so much about fun and who wouldn't want a tequila sunrise marinated chicken, right? And so many of the flavours in a tequila sunrise cocktail are the same flavours that we would use in, for example, a marinade."

Morimoto, who appears on the Food Network's Iron Chef America (he also was a star of the original Japanese Iron Chef show), demonstrated his techniques recently at his new restaurant on the Napa riverfront.

"I cook a lot with booze. It makes everything taste better."
CHEF ELIZABETH KARMEL

He sprinkled sake over pork loin, stabbing the pearly pink meat with chopsticks and then immersing it in a marinade including mirin, a type of rice cooking wine, and sake.

And don't worry, the alcohol cooks away in the heat. This also means that when you're done you can pair the dish with whatever you like, including wine.

Michael Paley, chef of Proof on Main in Louisville, Ky., takes a locavore approach to liquor. He brines pork loin overnight in a bourbon-based brine.

Being in Louisville, "we're fortunate to be surrounded by some of the best bourbon producers in the world," he said.

You don't want to use top-shelf booze for the marinade, of course. Save that for what you pour for yourself.

THE ASSOCIATED PRESS

Matchings

So how do you match liquor with meat? Karmel usually uses lighter alcohols and citrus flavours with white meats and more robust alcohols and flavours with darker meats.

- "But that said, one of my favourite marinades is a Jack Daniels and coke marinade that I use on a pork chop," she said.
- Other flavours she likes are vodka-based marinades for fish, pork, beef or even grilled fruit, and rum-based soaks for grilled fruits, summer veggies, shellfish, tuna, chicken or pork.

Grilled Shrimp With Watermelon

Preparation:

1 Glaze: In a 2 to 3 l (2 to 3 qt) saucepan, heat oil over medium-high heat. Sauté garlic, ginger and lemon grass for a few minutes. Reduce heat to low and stir in vermouth, soy sauce, watermelon and sugar.

2 Divide mixture in two, setting aside half for serving as glaze/drizzle. Note: Do not mix liquid from the two halves to avoid contaminating the glaze/drizzle.

3 Over medium-high heat, grill skewered shrimp, basting occasionally until shrimp are cooked and opaque, about 5 minutes. Makes 6 to 8 servings.

Ingredients :

- 30 ml (2 tbsp) olive oil
- 4 cloves garlic, minced
- 15 ml (1 tbsp) minced fresh ginger or 5 ml (1 tsp) ground ginger
- 30 ml (2 tbsp) minced fresh lemon grass or 5 ml (1 tsp) dry shredded
- 50 ml (1/4 cup) extra-dry vermouth
- 10 ml (2 tsp) soy sauce, or to taste
- 250 ml (1 cup) watermelon purée
- 125 ml (1/2 cup) sugar
- 1 kg (2 lb) peeled deveined medium shrimp, skewered

THE ASSOCIATED PRESS

COOK UP DINNER WITH A SIDE OF ENERGY SAVINGS

When you cook delicious meals, you can still get the most out of all your flavours, while trying to use the least amount of energy. In fact, whether it's at our home, at our business, or even when commuting in between those two, we're keen conservationists. That's why we joined Team Power Smart and we invite you to do the same.

It's easy to do our part. Plus most of all, it's amazing how all the small changes we make... really add up. From our kitchen to yours, we hope you enjoy this recipe from our new cookbook—and discover how tasty conserving energy can be!

Vikram Meeru

Vikram Vij and Meeru Dhalwala
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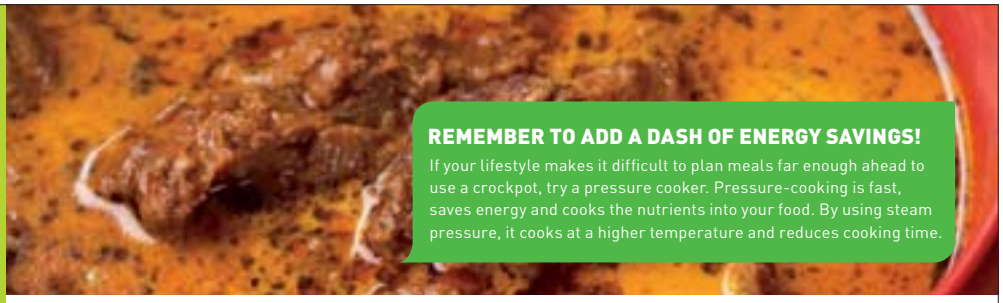

REMEMBER TO ADD A DASH OF ENERGY SAVINGS!
If your lifestyle makes it difficult to plan meals far enough ahead to use a crockpot, try a pressure cooker. Pressure-cooking is fast, saves energy and cooks the nutrients into your food. By using steam pressure, it cooks at a higher temperature and reduces cooking time.

LAMB IN CREAMY GREEN CARDAMOM CURRY

Serves 6–8 / **Prep and Cooking time:** 30 minutes + 1 hour to stew on the stove; 10 to 15 minutes in a pressure cooker

INGREDIENTS

⅓ to ½ cup cooking oil
2 cups chopped onion (1 large)
½ tsp asafoetida (optional)
4 Tbsp chopped garlic (12 medium cloves)
¾ cup crushed canned tomatoes
1 ½ tsp turmeric
1 ½ Tbsp ground black mustard seeds (optional)
1 ½ tsp ground cayenne pepper (optional)
1 Tbsp paprika
2 Tbsp ground cumin
10-12 green cardamom pods, lightly pounded
1 Tbsp salt
3 lbs stewing lamb, trimmed of fat and cubed
2 cups water (for stovetop method)
1 ½ cups buttermilk or plain yogurt (minimum 2% milk fat) or ¾ cup whipping cream

COOKING METHOD

We serve this lamb curry with rice or naan bread, but it is also delicious over boiled, salted potatoes.

For the stovetop method, heat oil in a large, heavy-bottomed pan on high for 1 minute. Add onion and sauté for 5 to 6 minutes, or until golden. Add asafoetida and stir for 1 minute. Stir in garlic and sauté until golden, 1 to 2 minutes. Reduce the heat to medium and stir in tomatoes. Add turmeric, mustard seeds, cayenne, paprika, cumin, cardamom and salt, stir and cook for 5 minutes, or until oil glistens on the tomatoes. Stir in lamb, mixing until well combined. Pour in water and mix well. Increase the heat to high and bring to a boil, then reduce the heat to medium-low, cover and cook for 50 minutes.

Place buttermilk (or yogurt or cream) in a medium bowl. To prevent curdling, whisk about 1 cup of the hot curry into the buttermilk (or yogurt or cream), then pour the mixture into the pot of curry. Cover and continue cooking for 15 minutes. Using a sharp knife, poke a piece of lamb to make sure it is tender. If it is still slightly tough in the centre, continue cooking for another 15 minutes, or until tender. (It has never taken us longer than 1½ hours to cook the lamb.) Turn off the heat and allow lamb to rest on the stove, covered, until serving time.

From the book *Vij's at Home—Relax, Honey: The Warmth and Ease of Indian Cooking* © 2010, by Meeru Dhalwala and Vikram Vij. Published by Douglas and McIntyre an imprint of D&M Publishers Inc. Photographs by John Sherlock. Reprinted with permission of the publisher.

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ISTO CK

▶ Use your smartphone to stay ahead of the class this fall.

There's an app for school

Got a smartphone? Get these before you go back to class

ERIC EMIN WOODS
FOR METRO CANADA

If you're heading to school with a new iPhone or iPad, chances are there's an app or four that can help you study, find your way around campus or even figure out where to go on a Saturday night. Among the most popular on the iTunes App Store:

CampusBooks
Scan any book's ISBN and compare its price to what's available online.
itunes.apple.com/us/app/campusbooks

CliffsNotes
Review plot summaries and character analyses, then test yourself with quizzes. Titles available include everything from A Tale of Two Cities to The Kite Runner. Works on BlackBerry, too!

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WHERE
Discover nearby coffee shops or restaurants. Browse by type, price and make recommendations. Great for students exploring their new neighbourhood. Works on BlackBerry, too!
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Some universities provide apps for students. The University of Alberta (*itunes.apple.com/us/app/ualberta*), Ryerson University (*ryerson.ca/rmobile*) and the University of Saskatchewan (*iusask.usask.ca*), developed apps that give students easy access to a campus directory, share the latest academic news and help them navigate school grounds.

Living in digital

Whether it's in class or after school, today's postsecondary students increasingly rely on their smartphone applications, says Ben Bajarin, an analyst with Creative Strategies.

"We've been hearing students pay a lot of attention to note-taking apps" such as the iPad's Pen Ultimate, Bajarin says. "These allow you to basically create different notebooks on every subject," replacing the former practice of having individual folders for every class.

Other apps help students organize their schedule. These are the ones Bajarin hears about most, "because students want to make the move to digital when it comes to organizing their school schedule, assignments, any resources they may tie them to a class or project, really. They're actually more comfortable in a digital system than a paper-based world."

ERIC EMIN WOODS/
FOR METRO CANADA

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UBC

Staying resilient key to battling first-year jitters

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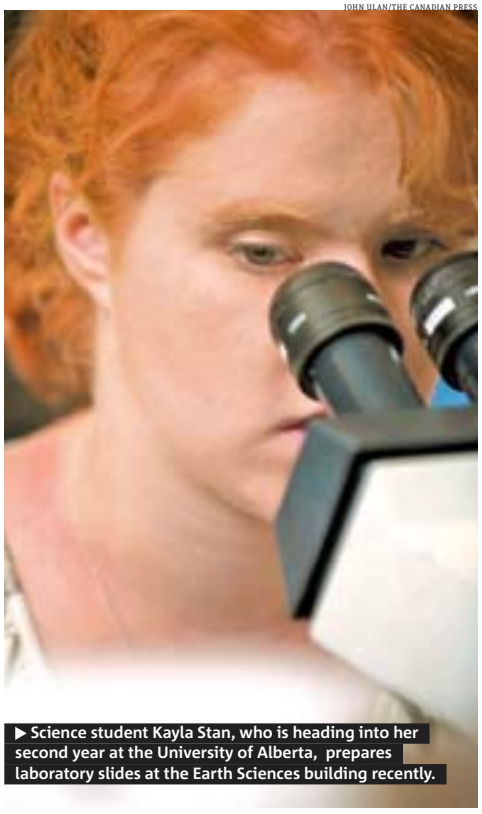

▶ Science student Kayla Stan, who is heading into her second year at the University of Alberta, prepares laboratory slides at the Earth Sciences building recently.

Making the transition from a fairly large high school to join her older sister at university, Kayla Stan would seem better-equipped than most for the move to post-secondary life.

Still, the experience of starting the next phase of her education in new surroundings and not knowing anyone in her program was more than a little daunting for the Edmonton resident.

"It's kind of nerve-racking because, I mean, you go into these lecture theatres in first year and there's hundreds of kids just in one class," said the University of Alberta student.

"The lecture theatres can hold 200, 300, 400 students and you walk in and you're like 'Oh, dear.'"

Case in point: The environmental Earth science student recalled the first chemistry class she attended where there were several people waiting outside thinking the previous class was still in session — not realizing they were joining those already inside.

"It was insane," she recalled.

Even being surrounded by a sea of new faces also navigating the first-year experience didn't necessarily make it easier to forge friendships right away.

"In classes, because there's so many students, you essentially have someone you're sitting beside every day, which makes for meeting people, but not really connecting with people," said the 18-year-old.

It's hardly uncommon for new students to feel nervous, whether they're making the leap to post-secondary from high school or starting off fresh at a different campus.

Jesmen Mendoza, psychologist with the Centre for Student Development and Counselling at Ryerson University in Toronto, said such jitters can emerge as students try to get used to a new environment, new classes or a different city or town.

"Students are also concerned about wanting to perform well and not disappoint either themselves or their parents or guardians or whoever's supporting them in terms of coming to university," Mendoza said.

"They're also wondering if they're going to be successful, wondering if they're going to fit in, wondering if they can be independent, wondering if they can make friends and develop an identity as a university student."

Some may also be pondering whether they've selected the right program, major, department or school itself, and might be anxious about whether they're cut out for the demands and rigours of post-secondary life, he said.

"Not all students are facing all of these (things), but they may face a combination."

For those who tend to be more introverted, being shy or reserved isn't a major stumbling block in terms of being successful on campus, said Karen Kovach, director of learning resources at the University of Alberta.

"If they're resilient, willing to stick with something to solve the problem on their own, that's going to make them successful," she said.

"You can be shy, you may not be a social animal. That's fine. And that's not going to affect your performance," she added. "What's going to affect your performance is 'OK, I ran into this problem — I never ran into it before: How am I going to solve this problem and get the answers that I need?'"

Mendoza said he always tells students to be easy on themselves and to understand the adjustment process takes time.

Mendoza said he always tells students to be easy on themselves and to understand that the adjustment process takes time.

"If they weren't feeling anxious or fearful about trying to make friends and establish themselves whether it be in their programs, in their class or on the campus, I would be worried about the fact that they're not concerned about that," he said.

"Really, the anxiety is kind of a sign of them caring about their success at being able to be sociable and successful on campus."

THE CANADIAN PRESS

Go on, take a positive risk

Psychologist Jesmen Mendoza suggests students take "positive risks," whether that's saying hi to classmates, or taking part in events, groups, committees or sports that may appeal to them.

"Quite often, we predict the negative that 'People don't want to be friends with me' or 'I don't have anything to say' or 'people will think I'm strange or that I'm odd' or whatever the case may be," he said.

"When people take a positive risk it tends to dispel some of those thoughts and people tend to gain confidence."

THE CANADIAN PRESS

"(Students are) wondering if they're going to be successful, wondering if they're going to fit in, wondering if they can be independent."

JESMEN MENDOZA, PSYCHOLOGIST

Take note

Ryerson University Public Affairs has compiled a list with tips for students to keep in mind during this transition time:

1. Relax. Everyone else is going through the same thing you're going through. So go and introduce yourself to someone new. Chances are they don't know anyone else either.
2. Get to know your city. Get on public transit and get familiar with the different travel routes.
3. It's OK if you don't know how to do everything right away. That's what your family and friends are there for. So call them.

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TECH THAT MAKES THE GRADE

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RAF BRUSILOW
FOR METRO CANADA

A new school year means plenty of shiny new tech goodies, here are a few picks with features that deserve a look:

1. Samsung Galaxy S Vibrant smartphone — $499.95 alone, $149.95 with three-year contract and minimum $50/month plan with Bell

Samsung's latest Android 2.1-powered smartphone is sleek, powerful and makes a great impression in-hand.

Besides, with its bright, responsive four-inch touch-screen the phone introduces a revolutionary typing feature sure to win over new users: Swype, which allows you to input text by dragging your finger across the keyboard in a continuous line instead of tapping. It really works — a few minutes of playing around and you'll be sending messages easily twice as fast as compared to the standard tap method.

2. Toshiba Satellite T230 Notebook — $699

Small, light and very aggressively priced, Toshiba's 13.3-inch LED notebook also sports some impressive features: Facial recognition, a hard drive impact sensor for protecting your data if you drop it and an HDMI port for showing off your Frosh Week antics on a flatscreen TV.

3. Nintendo DSi XL — $199.95

Nintendo's evolved handheld touch-screen system also doubles as a music player, basic digicam, web surfer and even comes with a built-in microphone for recording.

Of course it can also make school commutes fun and it comes pre-loaded with several mind-expanding Brain Age games for free.

For some real mind exercise check out **4. Picross 3D,** which is best described as a sort of "3D Tetris." With a single purchase you might find most of your reading list taken care of by **5. 100 Classic Books,** which includes works by college standards Jane Austen, Henry James and Shakespeare.

6. Kodak ESP 7250 wireless All-in-one printer - $199.99

A great little wireless printer that's perfect for a family (or a shared apartment), the Kodak ESP 7250 is a budget-priced printer with a full suite of features.

Best of all, Kodak's ink prices are famously cheap so you won't feel too bad about letting your roommates print their concert pics in full-colour.

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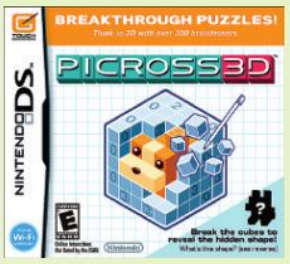

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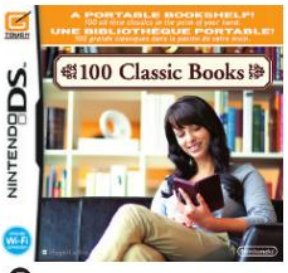

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Tech Specs

- **Samsung Galaxy S Vibrant smartphone**
  - Four-inch screen, 1Ghz processor
  - Six-axis sensor for tilting/panning
  - Swype functionality
- **Toshiba Satellite T230 Notebook**
  - 13.3-inch LED display, 1.75 kg, 4Gb memory, 320 Gb hard drive
  - Intel U5400 processor
  - Hard Drive Impact Sensor
- **Nintendo DSi XL**
  - 93 per cent larger screen that previous Nintendo DS
  - Built-in wireless connectivity, web browser
  - 13-17 hours potential battery life
- **Kodak ESP 7250 wireless printer**
  - Up to 32 pages per minute in black, 30 ppm in colour, 2.4-inch colour LCD screen

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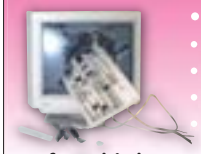
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5 tips to decorate a dorm room

Angelo Surmelis and Kelley Walters of HGTV.com share their advice on how to make sure your space goes beyond the usual posters and boring sheets

Vertical shuffle

Maximize storage!

Since dorm rooms can be quite small and are often shared, maximizing storage is key. Look for furniture pieces that can double for storage, such as ottomans that open up, beds with pullout drawers and storage in headboards as well as vertical storage. Speaking of vertical storage, stacking twin beds on loft stands maximizes storage for books, files and even mini-fridges.

ISTOCK

▶ Unique, colourful bedding is one of the best ways to add style to your space.

Stick to it

Get the look of wallpaper without the hassle of wallpapering. You can get the same look from decals — which you can change on a whim. So when your love for flowers gives way to birds, you can instantly show off your new design crush.

Choose wisely

Think about the scale of your furniture. Try not to fill the room with a bunch of little things, which can make it feel cluttered. Fewer, well-chosen pieces can create the illusion of a larger room. With fewer pieces, you may be able to have something of larger scale like a great, comfortable chair.

Walls can talk

Use your walls to their full potential. Simple shelving or even cubes (that you can customize with paint or wallpaper) can add instant interest while providing storage that keeps surfaces neat and clean.

Get bedded

Bedding is one of the quickest and easiest ways to add style to your space. For a fresh look, mix colours like this year's hottest, apple green, fuchsia and chocolate. And don't fear patterns! Try floral pillows with an animal print, or blend paisley with classic circles. Your room will look chic and sophisticated.

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Even at 1-6, Lions remain confident

DARRYL DYCK/THE CANADIAN PRESS

▶ Casey Printers will get the start on Friday.

Without confidence the B.C. Lions wouldn't have much.

It sounds strange that a team tied for the worst record in the CFL would feel good about itself, but that's the attitude the Lions (1-6) are taking into their game against the Calgary Stampeders (6-1) Friday night at Empire Field (TSN, 7:30).

"Why should we lose confidence?" quarterback Casey Printers, who will get the start against Calgary after missing four games with a knee injury, asked Thursday.

"If you lose confidence, then you will tank it all the way.

"Being 1-6 doesn't show the character of this football team, it doesn't show what we really are. It's just the fact we have not outscored people. That's the only difference"

Before his injury, Printers had completed 50-of-88 passes for 591 yards, two touchdowns and two interceptions. His 56.8 per cent completion ratio is the lowest in the league.

THE CANADIAN PRESS

STAMPEDERS LIONS

▶ **Time:** 7:30 P.M.
Channel: TSN

To C or not to C? That is the question

Luongo will know before season starts if he will be Canucks' captain

Goaltender Roberto Luongo is the only player who can truly say if being captain of the Vancouver Canucks is a burden that has affected his performance.

That hasn't stopped the media and fans in this hockey-obsessed city from voicing their opinion on whether Luongo should continue to wear the C.

The Canucks and Luongo have spent the summer rethinking the decision made two seasons ago to break with tradition, and NHL rules, and name a goalie team captain.

Vancouver general manager Mike Gillis will meet with Luongo sometime this month to discuss the situation. Read carefully between the lines of what Gillis said in July, and you get the feeling his mind is already made up.

"We are going to discuss whether or not he will continue," Gillis told a gathering of season-ticket holders.

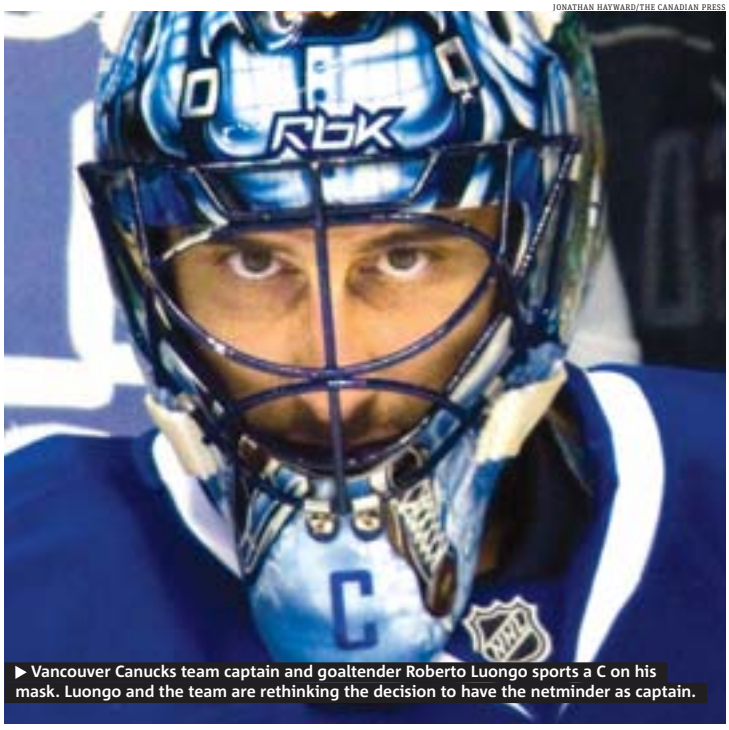
"There is tremendous pressure in this city. If we are doing everything to allow this team to win, we will take into consideration his (Luongo's) feeling and our feelings about whether or not the expectations are simply too high and whether he can meet them in that position."

Before Luongo, the last goaltender to be captain of an NHL team was Bill Durnan of the Montreal Canadiens during the 1947-48 season.

THE ASSOCIATED PRESS

"I love being captain. I've enjoyed it. I don't have any problems with it."
LUONGO, WHILE CLEANING OUT HIS LOCKER AFTER VANCOUVER'S SECOND-ROUND PLAYOFF LOSS TO CHICAGO THIS SPRING

JONATHAN HAYWARD/THE CANADIAN PRESS



▶ Vancouver Canucks team captain and goaltender Roberto Luongo sports a C on his mask. Luongo and the team are rethinking the decision to have the netminder as captain.

Pujols reaches homer milestone

Albert Pujols hit his 400th home run Thursday night, becoming the 47th major league player to reach the milestone.

The St. Louis Cardinals slugger led off the fourth inning against the Washington Nationals by sending an 0-1 fastball from starter Jordan Zimmermann into the right-centre seats.

At 30 years, 222 days, Pujols became the third-youngest player to reach 400 homers. Alex Rodriguez hit No. 400 at 29 years, 316 days, and Ken Griffey Jr. reached the benchmark at 30 years, 141 days.

THE ASSOCIATED PRESS

47 Pujols' drive broke a three-way tie with Al Kaline and Andres Galarraga for 47th place on baseball's career list.

ALEX BRANDON/THE ASSOCIATED PRESS

Sports in brief

Tiger shows his old stripes

BARCLAYS. In his first tournament since his divorce, Tiger Woods finally looked like the No. 1 player in the world Thursday at the Barclays when he opened with a 6-under 65, his lowest score of the year, to share the lead with Vaughn Taylor. It was Woods' first time leading after any round on the PGA Tour since the Tour Championship last September.

Great day for Wie

LPGA. Michelle Wie drove in the second hole-in-one of her pro career on the way to a 7-under-par 65 that made her the first-round leader at the CN Canadian Women's Open.

METRO

4 sports

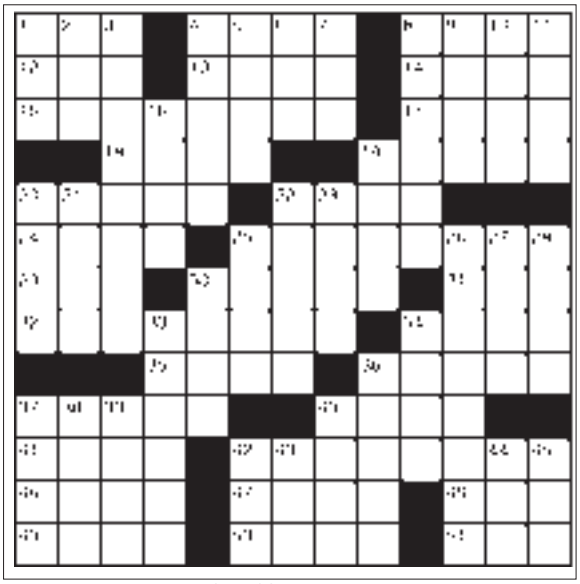
Quoted

"If that's the choice they've made, I respect Donald Fehr. And I think it's good news if they've put a leader in place."
LEAFS GM BRIAN BURKE, ON DONALD FEHR REPORTEDLY BECOMING DIRECTOR OF THE NATIONAL HOCKEY LEAGUE PLAYERS' ASSOCIATION. THE UNION SAID FEHR HAD YET TO ACCEPT THE POSITION.

"For the reports to come out and say that an offer has been accepted is, to say the least, a little premature just given the process."
MIKE OUELLET, NHLPA'S CHIEF OF BUSINESS

Scan code for sports

Crossword



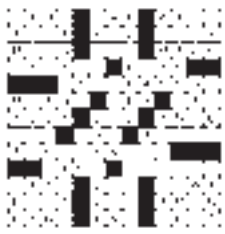
Across

1 Angry bunch
4 Emanation
8 Ginormous
12 Atmosphere
13 Family-biz abbr.
14 Cupid's alias
15 Listen to what you just recorded
17 Now, on a memo
18 Christmas refrain
19 Europe's boot
20 How "alas" is said
22 Trig function
24 Sample of beef-cake
25 Withdraw
29 Corroded
30 Shoe-repair supply
31 Compete
32 Mastered perfectly
34 Nevada city
35 Relaxed
36 Egret's cousin
37 Hatred
40 "La Vie en Rose" chanteuse
41 Monopoly payment
42 Chris Martin's band
46 Fill fully
47 Reed instrument
48 Raw rock
49 Bloodhound's clue
50 Auction actions
51 Drench

Down

1 Chart
2 Lubricate
3 Fresh
4 Westminster, e.g.
5 Eurasia's — Mountains
6 Sinbad's bird
7 Request
8 Passionate, as an argument
9 — Major
10 Target
11 Catch sight of
16 Egg part
19 Cartoonist's needs
20 Roe provider
21 Car
22 Charlie Brown's sister
23 On the rocks
25 Greets the villain
26 Go beyond the limits
27 Drunkard, maybe
28 Night light
30 Con game
33 Like "it"
34 Harvest
36 Stashes
37 Approximately
38 Out of bounds
39 Busy with
40 Trudge along
42 Corn holder
43 Sapporo sash
44 Exist
45 Still

▶ Yesterday's answer



Sudoku

	1		3		2		9	
	3	6	1		7	2	5	
6			7		4			3
		7	9		6	8		
1			2		8			5
	4	3	6		1	5	8	
	2		8		9		4	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	6	8	3	9	4	5	2	1
5	2	9	8	7	1	4	6	3
4	3	1	2	6	5	9	8	7
8	7	5	6	4	9	1	3	2
9	1	3	5	2	8	7	4	6
2	4	6	1	3	7	8	5	9
6	5	4	7	1	2	3	9	8
1	9	2	4	8	3	6	7	5
3	8	7	9	5	6	2	1	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Moose, as Bob Marley puts it "everything's gonna be alright." There is no doubt that you and Victor have enriched and given my life purpose.
ALWAYS, DEENA

Andy even though we have only been dating a few months and the distance between us is hard..i know in my heart you are the right guy for me ... all of my love,
TAMMY XO

Toth, I am so glad you were able to visit me this week. When we are together my life is like a dream come true. Good luck with your new job.
XOXO IAN

Lover, I am the happiest wife there could ever be. You are the BEST husband in the world! Looking forward to a lifetime of memories. Love you lots
XOXO KEL

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Your latest big idea may be a bit far fetched for some people's liking but that won't stop you trying to put it into practice.

♉ Taurus April 21-May 21 The Sun in Virgo will encourage you to do something special, something that gets you noticed by the right people. But don't get carried away: stick to what you are good at.

♊ Gemini May 22-June 21 Hopefully you have got your thinking head on because something wonderful is about to happen and the quicker you react the more you will get from it.

♋ Cancer June 22-July 22 Be extra careful today when traveling and socializing. It's okay to be confident and enthusiastic but don't fall into the trap of believing that nothing can possibly go wrong — because that's the moment it most likely will.

♌ Leo July 23-Aug.23 Friends and colleagues may not approve of what you are up to but since when have you let that kind of thing hold you back?

♍ Virgo Aug. 24- Sept. 22 Something positive will happen today but it will have a negative side as well. Fortunately, the Sun in your sign will give you the confidence to face up to the bad as well as the good.

♎ Libra Sept. 23-Oct. 23 You are thinking deeply about something that up until now you have taken somewhat for granted. That's good, because you of all people need to understand that "good" and "bad" are not absolute terms.

♏ Scorpio Oct. 24-Nov. 22 Get rid of the old so you have space for the new. That is the message of the stars for you today and if you follow it there is no limit to what you can do.

♐ Sagittarius Nov. 23-Dec. 21 If you break the rules you will pay the price – so don't break them. Even a Sagittarian has to toe the line now and again and on the work front especially you are up against forces that cannot be beaten. Be smart.

♑ Capricorn Dec. 22-Jan. 20 Everything you say and do has a ripple effect on the world and if you bear that thought in mind today you are less likely to say or do something that hurts other people.

♒ Aquarius Jan. 21-Feb. 18 Don't waste time lamenting what might have been because the only thing that matters now is what is going to happen next. Aquarius is supposed to be a forward-looking sign, so think of the future.

♓ Pisces Feb. 19-March 20 Do you really need to let everyone know what you are up to? You stand a much better chance of success today if you keep your aims and ambitions to yourself. SALLY BROMPTON

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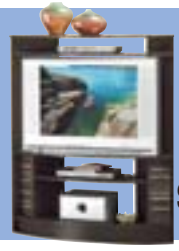

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